

# ABOUT THE AUTHOR

Susan Shumsky



Dr. Susan Shumsky, foremost spirituality expert, pioneer in the personal development field, highly-acclaimed and greatly respected professional speaker, New Thought minister, Doctor of Divinity, and award-winning author, has practiced self-development disciplines since 1967. Her books, *Divine Revelation* (in its 10th printing with Simon & Schuster), the COVR award-winning *Miracle Prayer* and *Exploring Chakras*, and *Exploring Meditation, Exploring Auras* and *How to Hear the Voice of God* have been published in several languages worldwide.

Dr. Shumsky's personal mentor was enlightened spiritual master from India, Maharishi Mahesh Yogi, founder of Transcendental Meditation, and guru of the Beatles and Deepak Chopra. She lived in Maharishi's ashrams in secluded areas, including the Himalayas of India and the Swiss Alps, for 20 years, and was on his personal staff for 7 years. She then went on to study New Thought and metaphysics for another 21 years. Since 1970 Dr. Shumsky has taught yoga, meditation, prayer, and intuition to thousands of students in the U.S., Canada, Europe, and the Far East.

Dr. Shumsky has spoken at over 400 engagements and has appeared in media such as *Woman's World*, *GQ*, *Cosmopolitan*, and PBS pledge drive specials over 400 times since her first book was published. She is the founder of Divine Revelation®, a complete technology for contacting the divine presence and listening to the inner voice. She now lives in a motor home and travels extensively and continually, facilitating workshops, seminars, spiritual retreats, as well as tours to India and other sacred destinations.