

**For Immediate Release**

Media Contact: Simon Warwick-Smith  
warwick@vom.com  
(707) 939-9212  
www.warwickassociates.net

**NEW KEYS TO HEALTH THROUGH SYMBOLOGY:  
RENOWNED NATUROPATH UNCOVERS CAUSES OF DISEASE**

*"Schwartz shows us how to find symbolic meaning in our physical experiences  
and gives invaluable nutritional advice."*

**San Francisco, CA (May 1, 2008)** – A pioneer in the natural foods industry, and a nutritional counselor and teacher of naturopathic programs, Michael Schwartz created the "Synergistically Complete®" concept that has become an industry standard. At long last, he shares his experience and research of over three decades in a new guide, *Health and Disease Symbology Handbook*. An almanac of Universal Guiding Principles with keys to the healing properties of nutrients, herbs and supplements, the hefty book is a must-have home resource and a valuable encyclopedia for healing-arts practitioners.

A guide to true healing, the *Health and Disease Symbology Handbook* explains that, from allergies to asthma, diabetes to obesity, menopause and cancer, every physical manifestation has a cause and a cure. Schwartz explains how the living language of symbols can guide us into how to come to the insights that lead to the correction of the causes of diseases, common physical conditions and states of mind at a deep, emotional and subconscious level. He lays out simple, grounded guidelines for readers who are plagued with ailments, pain, and old patterns of behavior that cause poor health and disharmony.

The author has spent his entire professional career acquiring hands-on nutritional knowledge, and incorporating the Universal Teachings has allowed him reach his goal of helping people to discover their peak of physical and mental well-being. In vibrant detail in the *Health and Disease Symbology Handbook*,

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he presents the most powerful system ever devised to promote healing and recovery in all aspects of life – health, financial, social and psychological – by revealing the root causes of illness, disease, and emotional discord.

Always an innovator, Michael Schwartz makes the mind-body connection with the fascinating phenomenon of symbology.

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**TITLE:** *Health and Disease Symbology Handbook*

**AUTHOR:** Michael Schwartz

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