

Book Summary

The Choice by Mike Bara

The Choice is about the coming changes that our planet is likely to experience in the coming “2012 era.” Many ancient cultures all over the world, including the Egyptians, the Maya, the Hopi and the Vedic Hindus of India marked this particular time in human history as having a special significance. Using what today we would call astrology, they expected and predicted that the human race would go through a period of upheaval and transition, hopefully to a new and better way of thinking and living that is more in harmony with the natural cycles of the Earth.

Surprisingly, this concept is supported by years of ignored and suppressed scientific research which shows that the positions of the planets relative to the Earth affect everything from the energetic output of the Sun to the behavior of sensitive scientific instruments and even our own thoughts, feelings and actions. Somehow, these ancient cultures understood this and were able to look forward in time through their understanding of astronomy and realize that the planets would be a driving force of change in our time. A once in 26,000 year alignment with the center of the galaxy will only enhance this effect, forcing each of us to take a stand on which world we want to live in. Are we going to choose a world enmeshed in greed, self gratification and scarcity, or will we embrace one that espouses love, concern for others and sees a rich abundance in our future? That is The Choice they all knew we were to make in this lifetime, the Hall of Mirrors that the Mayan’s said we would face. The only question left is which path will we Choose?

If we Choose poorly, we could end up making the same mistakes as the prior generations of human beings and face a rather unpleasant set of circumstances as we

transition. But if we Choose wisely, we can have a future of almost unimaginable bliss where the world will be so much better we will hardly remember the hard times we are facing today. Many of the 2012 doomsday scenarios are possible, but they are far from certain to occur. And each of us, with our power to set our intent not just for ourselves but for the entire world, can participate in Choosing the better way. All we have to do is look inward, to our true selves, and tell the Universe through prayer, meditation --call it what you will -- what we truly intend for our planet.