

About the Author

Michael Schwartz



Michael Schwartz entered the health food industry in 1975 and in the ensuing years discovered a facility for herbal and nutritional healing. This led him to establish a naturopathic practice in McAllen, Texas.

After years of helping clients regain their health on a multiple of levels, including physical, material, social, spiritual and emotional, Michael founded **Michael's® Naturopathic Program** in 1984.

Schwartz has been active in the natural products industry as a teacher, naturopathic nutritional counselor and manufacturer of nutritional supplements. He served four years as a member on both the regional and national boards of the Natural Products Association.

Michael has an extensive background in naturopathic healing, theology and metaphysics and was schooled in the workings of the mind at a level not generally understood by many as it relates to the creation of one's own personal material reality. A student of the Universal Teachings for several decades, this is his third book as he continues to write and teach this material.