

## **Planetary Transformation: The Coming Changes and What We Can Do About Them**

*“Spiritual truths are real to me. They are not just theories. They are as factual as the trees, the sky, the sun and the moon...God to me is a fact, the Christ is a fact, the soul is a fact, reincarnation is a fact, mystical experience is a fact. I have no doubts about such things. I simply know them, live them intimately, by a primordial consciousness with which I was born.” – Imre Vallyon*

**San Francisco, CA (August 15, 2010)** — *PLANETARY TRANSFORMATION*, a new book by internationally known author and spiritual master Imre Vallyon, is now available in the United States. A timely arrival, *Planetary Transformation* describes the dramatic events about to unfold for planet Earth and its inhabitants up to and beyond 2012. Vallyon provides a fresh perspective—the perspective from the realms of Higher Consciousness.

- Part One of *Planetary Transformation* delineates the spiritual roots of the cosmic forces shaping the changes to come. Vallyon states that these forces, although powerful and potentially destructive, ultimately seek to raise humanity to the next spiral of human evolution in keeping with the Divine Plan. But, he warns, that can only happen if human beings flow with this process and don't retreat in fear and ignorance to rigid traditions. In *Planetary Transformation* Vallyon offers *understanding* as a way to dispel fear and ignorance and shows how we can cooperate with this great process of planetary and personal transformation.
- Part Two of *Planetary Transformation* focuses on what each individual can do. He describes the basics of the Spiritual Path, including the power of chanting and mantra and how these techniques can help people find the source of their true nature lying within. Along with meditation techniques, *Planetary Transformation* covers a range of issues from dealing with personal crises to attaining Conscious Death and Liberation.

A lofty goal indeed, but Vallyon asserts that Liberation and more are within our reach. He teaches that the human being is comprised of body, emotion, mind, Soul, Spirit and God-Self, and if only a few thousand individuals become fully functional on all levels, this can change the world. To this end he has dedicated his life.

Vallyon fled Communist Hungary as a teenager in 1956, and has since devoted himself to teaching Wisdom Science through his writings, workshops and retreats. In 1982 he established the Foundation for Higher Learning, an international organization offering the opportunity to practice spiritual awakening in a group environment, with the goal of self-realization and planetary transformation.

A popular teacher and lecturer, Imre Vallyon is the author of numerous books including the four-volume work *Heavens & Hells of the Mind*, *The Art of Meditation*, and *The Divine Plan*. Throughout he inspires students to greater health, creativity, success and further encourages them to discover the Eternal Self, Love, Wisdom and Truth—the living principles that will guide humanity through the times ahead.

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