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A New Guide to the Pleiadian Prophecies: Energy Healing Through the Initiations of Light

San Francisco, CA (January 15, 2010) -- A renowned energy healer, Christine Day will soon empower people around the world to create lives free of fear, stress and pain. To be released in February, 2010, her groundbreaking new book, *Pleiadian Initiations of Light: A Guide to Energetically Awaken You to the Pleiadian Prophecies for Healing and Resurrection*, enables readers to make a direct connection to the Pleiadians and to have personal experiences with them.

The book includes 2 audio CDs of guided meditations that lead the listener to a state of rest, relaxation and rejuvenation. About the CDs, Day said, "*The CDs are a channeled work from the Pleiadians, who are committed to supporting each reader.*"

Readers will work first-hand with basic Pleiadian processes and form relationships with them. The book and the CDs hold unique energies that are transmitted to the reader for their initiation, enabling them to access answers for themselves and make real change in their lives, no longer feeling like victims to life.

Pleiadian Initiations of Light is the first book that holds the Pleiadian frequencies of initiation. The "Self Healing Prophecy" of the Pleiadians was introduced on this planet to assist the human race in achieving an accelerated awakening in readiness for the 4th/5th dimensional changes that are taking place on our earth plane.

"I have worked with groups of people over the last 15 years, and have seen the deep changes that have taken place with the help of the Pleiadean processes. The most exciting thing is that they work through the vehicle of the CDs, which carry the healing energies. The CDs hold a special frequency of love that support each chapter, helping the reader to make changes for self-healing."

About the author: In her thirties, Christine Day was suffering from advanced systemic lupus and was given a short time to live. Soon thereafter, she had a spiritual awakening with the Pleiadians that moved her to self-healing, and she has been symptom-free for the past 25 years. A spiritual teacher and channel, Day has worked with the Pleiadian initiations of people throughout the U.S. and internationally for more than 15 years.

Day is known for her “Frequencies of Brilliance™” workshops that teach a unique energy healing technique to participants who achieve spiritual, emotional and physical awakening and healing. She is also the founder of Amanae, a bodywork system designed to facilitate the letting go of deeply held emotions, thereby clearing the way for profound healing and personal discovery.

She speaks around the country and in the media on the subject of the Self Healing Prophecy, an energetic support that assists people to realign with their power and to reemerge to the fullness of Self.

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Title: *Pleiadian Initiations of Light: A Guide to Energetically Awaken You to the Pleiadian Prophecies for Healing and Resurrection*

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