

## For Immediate Release

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### *Poltergeists!* *A New Look at Ghostbusters,* *Flying Phones and Floating Beds*

*"Michael Clarkson got to the next millennium before the rest of us . . . His research and theories on the powers of the human mind and on the fight-or-flight system and its amazing, mysterious powers are well ahead of his time."*

*"The Amazing Kreskin,"* mentalist and TV star

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**San Francisco, CA (January 1, 2010)** -- A prolific author and award-winning investigative reporter, Pulitzer Prize-nominated Michael Clarkson has come up with an intriguing look at an old subject. His new book is *The Poltergeist Phenomenon: An In-Depth Investigation Into Floating Beds, Smashing Glass, and Other Unexplained Disturbances*.

*A poltergeist is a disturbance or energy with bizarre physical effects of paranormal origin that suggest mischievous or destructive intent, such as breaking or moving objects and loud knocks or noises.*

Reviewing 75 cases and interviewing hundreds of witnesses, paranormal experts, law enforcement officers, psychologists and skeptics, Clarkson reveals some spine-tingling results:

- *The typical poltergeist case involves a young person from a repressed home who is going through puberty. He or she may have epilepsy, which produces recurrent spontaneous psychokinesis, a state in which gravity is temporarily suspended.*
- *A respected former Princeton University scientist believes he has proven in laboratory experiments that psychokinesis exists and that poltergeist cases are probably true.*
- *This rare energy may be part of a person's fight-or-flight system, which is hardwired into everyone and can erupt in certain conditions.*

Among other compelling incidents that occurred during Clarkson's investigations, he obtained the only interview with a young man thought to have caused a poltergeist incident that affected an entire shift of police officers.

Clarkson wrote, "Although I try to remain neutral, it is difficult not to arrive at some conclusions. I suspect that poltergeists or at least a type of poltergeist energy exists. Something is going on that seems to defy the laws of physics . . . if we are too quick to dismiss cases, we might miss some intriguing stories and theories on the edge of science."

**About the Author:**

Michael Clarkson has written six psychology books, including *Intelligent Fear*, and *The Secret Life of Glenn Gould*. As a hard-headed newspaper reporter for nearly forty years, he has won many awards for investigative stories, from serial killers to AIDS and nepotism in government. He was nominated for a Pulitzer Prize for his rendezvous with reclusive author J. D. Salinger.

Clarkson is considered an expert in fear and stress, producing new research and lecturing frequently on the subject.

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**Title:** *The Poltergeist Phenomenon: An In-Depth Investigation Into Floating Beds, Smashing Glass, and Other Unexplained Disturbances*

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