

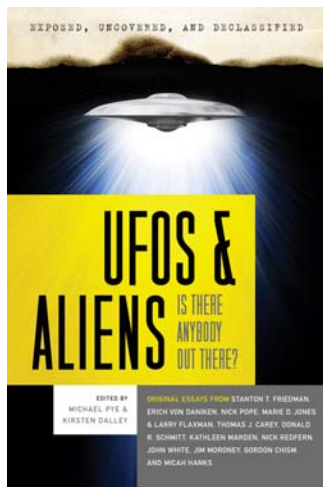
# UFOs & ALIENS

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By John White

## CHAPTER SUMMARY

### *The UFO Problem—In Search Of Grand Unified Theory*



White looks comprehensively at the UFO phenomenon and discusses the entire range of theories and supporting data offered to explain UFOs.

"No single explanation can cover the whole subject," White says. "The phenomenon is real and has many aspects to it covering many levels of reality." He concludes that the UFO experience has both a physical and a metaphysical dimension.

UFOs involve the human mind and psychic/paranormal phenomena, he says. He cites evidence to show that some aspects of the UFO experience come from "inner space" as well as outer space in a strange mixture which calls into question our conventional concepts of space, time and consciousness.

# ABOUT THE AUTHOR

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## John White



JOHN WHITE is an internationally known author and educator in the fields of consciousness research and paranormal phenomena. He has personally investigated the UFO phenomenon and written about it in books and magazines. He also produced an annual conference on the subject, "The UFO Experience," from 1987-1998.

He is author of 15 books, including *The Meeting of Science and Spirit*, *What Is Enlightenment?*, *A Practical Guide to Death and Dying*, and *Other Worlds, Other Universes*. His writing has appeared in *Reader's Digest*, *Esquire*, *Omni*, *The New York Times*, *Woman's Day*, *Saturday Review* and other national publications. His books have been translated into ten languages.

He has appeared at colleges, universities and spiritual centers throughout the United States and Canada, and before public and professional organizations such as the American Anthropological Association, Academy of Religion and Psychical Research, Spiritual Frontiers Fellowship, and International Congress on Meditation and Yoga. He has also made radio and television appearances around the nation and in Canada, and appeared in several educational films. He holds degrees from Dartmouth and Yale.

# INTERVIEW QUESTIONS

## *UFOs & Aliens*

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- What is the definition of UFOs?
- Are they extraterrestrial?
- Are they nonphysical?
- Where do they come from?
- Why are they here?
- What is their significance for humanity—scientifically and spiritually?
- What do you think about so-called alien abductions?
- What do you mean by metaterrestrial?
- What is an example of what you think is a genuine extraterrestrial UFO case?
- What are some examples of terrestrial UFO cases?
- What are crop circles and how do they relate to UFOs?
- What is the tectonic strain theory of UFOs?
- How does psychokinesis fit into the UFO phenomenon?
- What do you mean by “inner space”?
- What are IFOs?