

INTERVIEW QUESTIONS

The 32 Keys, Awakening to Soul

By Gayle Swift

- What is the problem this book solves?
- What inspired you to write this book?
- Why 32? What is the significance of 32?
- How did you uncover the qualities of each key?
- In your title you state, *Awakening to Soul*. Can you discuss what you mean by soul?
- You mention that the primary intent of the book is to answer the question: What did I come here to do? Can you say more about that?
- What do you mean by living from your authentic self?
- You discuss the idea of personal awakening for social transformation. What is a personal awakening? What is the social transformation that could take place?
- Explain more of what you mean by a self-reflective perspective.
- You discuss the idea of changing your mind, what do you mean by that?
- What will the keys do for you?
- In chapter three you introduce the Soul Map, what is that?
- How did the Soul Map come to be?
- This appears to be a very complicated system. Can you simplify it for us?
- Now you talk about the path and taking a journey. Can you say more about what you mean?

- In chapter six you introduce us to the energy meditation. Help us understand how to use those along with the journey that you suggest we take.
- What do you mean by a spiritual practice? a daily practice?
- You suggest that working with the Keys begins with setting a goal. Please say more about the kind of goal that one might choose.
- Now you have your goal, please describe how one would use the Keys.
- Who do you feel would really benefit from your book?
- What is your greatest hope will happen for people because of using the book?