

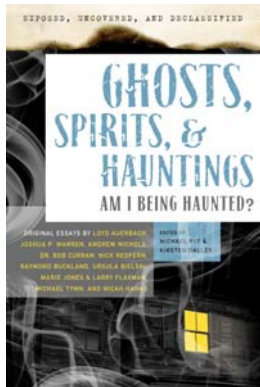
# GHOSTS, SPIRITS & HAUNTINGS

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By Michael Tymn

## BOOK SUMMARY

### *Are Spirits All Around Us?*



During the late nineteenth and early twentieth centuries, a number of distinguished scientists and scholars investigated mediumship. While some men and women claiming to be mediums were clearly charlatans, genuine mediums were discovered and studied. The messages coming through these mediums from the spirit world suggest that by going beyond myths, folklore, mainstream science, and orthodox religion, there is an afterlife environment in which spirits of the “dead” are all around us. Some are advanced and guiding us in positive ways, being careful not to impose on our free will, while some are “earthbound” and influencing us in negative ways. In between the guiding and misguiding spirits, we find many wandering around in a stupor of sorts, still awakening in the spirit world while clinging to their old earthly homes and friends, and others who are fully awakened and are content to just check in on us now and then.

This author examines some of the research and offers first-hand accounts of spirits concerning their afterlife experiences. From these reports, it becomes increasingly clear that the afterlife is not a dichotomous existence – a humdrum heaven or horrific hell, as many religions would have us believe, but rather a multi-layered one in which we cross over based on what might be called a “moral specific gravity.” And from that starting point, there is opportunity to advance to higher vibrations.

# ABOUT THE AUTHOR

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## Michael Tymn



MICHAEL TYMN graduated from San Jose State University with a B.A. Public Relations from the School of Journalism. After college, he joined the Marines as a public affairs officer and won the Silver Anvil for the best military PR program of 1960.

After leaving the military, Mike served as a stringer for *The Honolulu Advertiser* while also writing a regular column on endurance sports. He has been a monthly columnist for *National Masters News* since 1980, served as a columnist and contributing editor for *Runner's World* for six years and is now a senior writer for *Running Times*. Tymn contributed to the *Biographical History of American Sports* with biographies of eight famous thoroughbreds and to *Sports Encyclopedia North America* with essays on *Aging and Athletic Performance*, *Athlete*, and *Athletic Heart*. He currently serves as editor of *The Searchlight*, a quarterly publication for The Academy of Spirituality and Paranormal Studies, of which he is vice-president. His metaphysical articles have appeared in *FATE*, *Mysteries*, *Atlantis Rising*, *Vital Signs*, *Venture Inward*, *Nexus*, *Christian Parapsychologist*, *Two Worlds*, *Dark Lore*, *Psychic News*, *Alternatives*, *Alternate Perceptions*, *The Honolulu Advertiser*, *The Honolulu Star-Bulletin*, and *The Honolulu Star Advertiser*.

Mike won the 1999 Robert H. Ashby Memorial Award given by The Academy of Religion and Psychological Research for his essay on *Dying, Death, and After Death*. Writing assignments have taken him to such diverse places as Bangkok, Panama, Glastonbury, Jerusalem, Hollywood, St. Paul, and Tombstone. He has interviewed and written about more than 40 Olympians. Mike's books include *The Articulate Dead*, *Running on Third Wind*, and *The Afterlife Revealed*, the latter to be released by June 26, 2011.

A runner since 1954, Mike won four national masters championships during his 40s. As a 42-year-old grandfather, he won the historic Maui Marathon in 1979 with a time of 2 hours, 28 minutes, 43 seconds and was twice named Hawaii's "Runner of the Year." He coached the Hawaii state team in the international Ekiden competition in New York City in 1988 and 1989. He is married to the former Gina Bernard of Kaneohe, Hawaii and has two daughters, both registered nurses, and four grandchildren.

# INTERVIEW QUESTIONS

## *Ghosts, Spirits & Hauntings*

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- Why is it that we don't seem to have the quality of mediumship today that we had 100-150 years ago?
- Why have mainstream science and orthodox religion so resisted the lessons we have learned from mediumship over the past century and a half?
- Hasn't modern science shown that all those distinguished scientists of yesteryear were duped in one way or the other?
- What is the single most important lesson coming to us through mediumship?
- What is the afterlife like?
- What happens immediately after we die?
- Is reincarnation a fact?
- What kind of research is going on today to demonstrate that consciousness survives physical death?