

## For Immediate Release

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# RENOWNED GRIEF & DYING EXPERT OFFERS COMPELLING EVIDENCE:

## Departed Loved Ones help us Transition to Life After Death

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San Francisco, CA (November 22, 2012) — A therapist, author and lecturer specializing in grief and dying, Carla Wills-Brandon has worked with people impacted by the Challenger space shuttle tragedy and the World Trade Center bombing, with Holocaust survivors, and with veterans returning from Iraq and Afghanistan, among many others.

In the newest of her popular series of books, *Heavenly Hugs: Comfort, Support, and Hope from the Afterlife*, she presents compelling evidence that there is life after death. Over a period of three decades, Wills-Brandon has researched nearly 2,000 occurrences when, at the moment of physical death, the dying were visited by departed loved ones who returned to help them make the transition from this life to the next. Many friends, family and healthcare workers reported to the author that they saw and experienced the presence of these loving spiritual travel guides.

*Heavenly Hugs* is a riveting collection of real-life stories of departing visions of and visitations from the deceased, recounted to the author by individuals from a wide variety of cultural, ethnic, and religious backgrounds.

Among the comforting lessons of *Heavenly Hugs* is the certainty that we can live our lives to the fullest, relieved of the false notion that death is the end. Wills-Brandon said. "One hundred years ago, when somebody died, they died in the home, with the family around the bed. There would be talk, settling disputes, saying goodbye. When the dying had visions, it was accepted. Now people die in hospitals and nursing homes, and typically they are alone. This has been pushed aside, but it's still happening."

*Heavenly Hugs* introduces readers to both historical and modern-day departing visions, presenting previously unknown or unacknowledged manifestations of life after death:

- The dying have been reuniting with the departed—for centuries
- Departed loved ones escort the dying to the other side or next dimension
- Something has often been seen leaving the body at the moment of death
- Famous people have experienced beautiful departing visions

### **About the Author**

As a marriage and family therapist and expert on a variety of human problems and realities, one of the few researchers focused on the departing vision as proof of life after death, Carla Wills-Brandon is a popular media guest and lecturer in the United States and Europe.

She has appeared on radio and TV with such hosts as Geraldo Rivera, Sally Jesse Raphael, Montel Williams and Bill Maher, and on “Coast to Coast”, among many other programs. She also appears on the media with her husband, Clinical Psychologist Michael Brandon, PhD.

Wills-Brandon is the author of more than a dozen books on subjects from relationships, healthy intimacy, sexual healing and self-esteem to sexual trauma, addiction and recovery, afterlife research and spirituality. Her books include:

- *Learning to Say No: Establishing Healthy Boundaries*
- *Beyond The Chase: Breaking Your Obsessions That Sabotage True Intimacy*
- *Natural Mental Health: How to Take Control of Your Own Emotional Well-Being*
- *A Glimpse of Heaven: The Remarkable World of Spiritually Transformative Experiences*
- *The Fourth Step: Examining Your Survival Skills*
- *Where Do I Draw the Line? How to Get Past Other People’s Problems and Start Living Your Own Life*

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**Title:** *Heavenly Hugs: Comfort, Support, and Hope From the Afterlife*

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