



A NEW WAY TO BE HUMAN

Robert V. Taylor

BOOK SUMMARY

Instead of accepting modern cynicism and jadedness, there is *A New Way to Be Human*. In a book Deepak Chopra and Desmond Tutu are both calling utterly "remarkable," Robert V. Taylor invites us to live more fully alive.

A New Way to Be Human is an invaluable, relevant guide for the individual intent on transforming their life, revolutionizing our society, and polishing our world—for those who seek:

- An impactful life of meaning and purpose, love and hope, compassion and delight.
- Courage to cross the boundaries of religion and move beyond the demonizing debates about gender equality and human sexuality.
- Spiritual wisdom discovered in the many forms and disguises of the Holy

By identifying seven pivotal, universally recognizable life occurrences as spiritual Pathways, the book meets the reader where they are and connects them to actionable, personal spiritual practices.

Winding alongside each of the seven pathways is the narrative of author Robert V. Taylor's unique life experience.

- **Pathway One: Connecting Stories**
Stories reveal common sacred ground for meeting your deepest self and others, inviting you onto unexpected terrain while shifting and shaping the journey that lies ahead.
- **Pathway Two: Breaking Through Enclosures**
Enclosures are self-fulfilling actions and beliefs that keep you from who you are meant to be, defining a limited you. Because we chose our way into an enclosure we can choose to break out. Life presents us with such invitations each day.

➤ Pathway Three: Risky Invitations

Risky invitations interrupt the imagined or assumed course of your life, raising the stakes where you struggle the most. Instead of clutching at your life, responding to these invitations invites transformation of yourself, others and the Holy.

➤ Pathway Four: Home in Your Heart

Home is a physical, emotional, intellectual and spiritual destination. You can choose to live with segmented experiences of home resulting in an unsettled homeless way of life or you can choose the journey to a seamless experience of home by intentionally navigating the landscapes that shaped you.

➤ Pathway Five: Thin Place – Holiness Disguised

Thin Places are found in nature and on the edges of your fear and resistance to being fully alive. They form a veil through which you experience glimpses of the sacred. They offer an invitation to step out of the shadow places of our lives into transformation, resulting in oneness with yourself, others, the Holy and nature.

➤ Pathway Six: Hairpin Curves of Life

Hairpin curves are those events that throw your life off-balance by interrupting your routine, security and path. They shake you up drawing you into new experiences of being embraced by life. Welcome them as a teacher expanding your consciousness.

➤ Pathway Seven: Holy Surprises

It is in the messiness of your story that delight invites you to be present to the surprising gladness of who you are. Your awareness of delight punctuating your life allows you to experience yourself and others with a new gentle tenderness and appreciation creating your own person “life canvas” of delight.

From his miraculous physical healing as a teenager in Cape Town, to fighting apartheid alongside Desmond Tutu, to his eventual immigration to the United States and appointment as one of the nation’s highest ranking, openly gay Episcopal priests, Robert lives the question of how to integrate personal spirituality with a legacy of compassionate purpose in the world—and invites others to do the same.

This is a book designed to help readers find new meaning and oneness, every single day.