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Desmond Tutu Lauds New Book of Seven Spiritual Pathways

"I've admired Robert's compassionate ministry of God's love and hope, and the integrity of his life and leadership over many decades. It is a joy to see that authenticity revealed in these pages, inviting others into a deeper, transformative life with God. It is a humdinger of a book! A must have for anyone on a spiritual path. In a time when people are searching for values and meaning, this book will repeatedly inspire and draw you deeper into love and compassion for Creation, the human family and yourself."

-- Desmond Tutu, Nobel Peace Laureate

San Francisco, CA (April 23, 2012) – A nationally known spiritual leader who has worked for decades with Archbishop Desmond Tutu and legions more activists in the fields of religious and political freedom, homelessness, poverty and discrimination, Robert V. Taylor has distilled his lifetime of achievement and profound spiritual experience into his long-awaited new book, *A New Way to Be Human: 7 Spiritual Pathways to Becoming Fully Alive*.

An invaluable guide to transforming lives, revolutionizing our society and refining our world, *A New Way to Be Human* is for those who seek:

- *An impactful life of meaning and purpose, love, hope and compassion*
- *The courage to cross the boundaries of religion and move beyond demonizing debates about gender equality and human sexuality*
- *The spiritual wisdom discovered in the many forms and disguises of the Holy*
- *To claim their own voice and recognize the interconnectedness of all people*

By identifying seven pivotal, universally recognizable life occurrences as spiritual pathways, *A New Way to Be Human* connects each reader to actionable personal spiritual practices, free from the dogmatism of religious constraints. And, winding alongside each of the pathways is the author's life experience and spiritual journey, from his miraculous physical healing as a teenager in Cape Town, to fighting apartheid alongside Desmond Tutu, to his appointment as one of America's highest ranking, openly gay Episcopal priests, and his decades of work to end homelessness and poverty in New York and Seattle. Taylor's life continues today to be an unprecedented demonstration of how to integrate spirituality with compassionate purpose.

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About the Author: Often referred to as the “Buddhist Episcopalian”, **Robert V. Taylor** is a sought-after spiritual leader and public speaker who invests his life in helping individuals and organizations to realize their full human potential and impact in the world. Born and raised in South Africa where he was active in Progressive Party politics, at an early age he organized a national multi-racial event bringing students together from throughout the country. Later, he co-founded Faith Forward, a multi-faith environment and poverty initiative, and the Seeds of Compassion Network.

Formerly the Dean of St. Mark's Cathedral Seattle for 8 years, Taylor was also nominated for Bishop of California, and for a significant period of time he was the most prominent, openly gay Episcopal priest in the U.S. New York's Governor George Pataki referred to Taylor's multi-ethnic, multi-cultural congregation in Peekskill as the "*moral conscience and soul of the city.*"

A popular public speaker, Taylor maintains a busy schedule of appearances on the media and at churches, conferences and gatherings throughout the United States.

Again from Desmond Tutu: "What footprint will you leave in this world among God's family and the fragile beauty of the Creation? We cannot each do everything, but this book reminds us that we can each do something as God's partners. Imagine the ripples of love and compassion flowing like a spiritual tide of hope, as your life joins with that of others on a spiritual quest changing our footprint as we assist in making the world a more just, compassionate and loving place! Robert's book is a guide to a lifelong journey with God who says, "Please, please help me in loving. Please discover that we are made for oneness."

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Title: A New Way to Be Human: 7 Spiritual Pathways to Becoming Fully Alive

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