About the Author

William von Holst

William von Holst holds a Masters of Arts in Art History and Philosophy from the University of Illinois Urbana/Champaign and was granted a scholarship from the University of Chicago, Doctor of Philosophy Divinity School, but turned it down. Instead, William chose to seek wisdom from alternative sources. He has attended workshops from many teachers including Elisabeth Claire Prophet and Ram Das. William met Imre Vallyon in 1986 who has been his exclusive teacher ever since. Over the last 24 years, William has been on over forty month long retreats with Imre all over the world including New Zealand, Switzerland, Germany, Holland, Canada and America. William has conducted many sessions on these retreats as well as teaching classes in Chicago, San Diego and the Bay Area. He has helped in the publishing of Imre Vallyon's material as well. The true spiritual path is participating in an energy field; this is what Imre speaks about in his books and what he radiates on retreats. William has had the good fortune to experience this energy field.