

ABOUT THE AUTHOR

Sophie Rose



SOPHIE ROSE was born in France. She holds a Master's Degree in Law but mostly worked in marketing until 1999, when she moved to the United States.

She began her spiritual quest in 1998, practiced meditation with different teachers and quickly became an avid meditator. She is not aligned with any particular religion or tradition and always favored a direct experience of spirituality. She is a professional astrologer and a French teacher.

Sophie Rose is the author of *The Way of The Heart, Teachings of Jeshua and Mary Magdalene* and a contributing author of *The Sacred Shift, Co-Creating Your Future*, an anthology featuring experts from spiritual and practical fields, due late 2011. She lives in Colorado with her two children. You can find more at www.thewayoftheheartcourse.com