



BOOK SUMMARY

The Call of the Soul

By Aila Accad

The *Call of the Soul* is for anyone who seeks the answers to the questions, “Who am I?” and “What is my purpose?” What’s calling you to read it at this time in your life?

Do you wonder about your purpose? Are you curious to know the truth of who you are? Are you seeking a way to calm inner conflict and stress? Do you feel both a desire and resistance to making changes in your life? You can be assured that if your soul is calling you to answer these questions and others; you will find what you are seeking!

You may have read or learned much about yourself already and here you are again. That happened to me too. Kind of frustrating, isn’t it? My clients are also people who have done a lot of inner work on themselves, many are counselors and therapists. They come to me, because they are still looking for a way to control an aspect of life that continues to be a source of suffering despite all the knowledge and understanding they acquired.

This book, while quite logical and rational, is not designed to speak exclusively to your mind. It is written to also speak to your soul which is grounded in the experiences of your body. It describes the lived experience of your inner world with clear examples, so when you are done, you will know yourself in a real and intimate way. This is what you need in order to have the power to change your life and make choices to achieve your true heart’s desire.

The Call of the Soul provides a new way to approach the journey, a map and effective tools to ease inner conflict and assure success. When you understand the dynamic inner relationships that drive how you see yourself and relate with the world, the inner workings of the person you call “me,” you will have the means to know your true self and transform your life. This book introduces you to your inner players and their relationships, how inner change really works and the resources to take action.

The Call of the Soul shows you how to hear your soul's call and renegotiate the relationship between the ego's fear of change and the soul's desire to step fully into your purpose. Page by page, you will discover inner passion, purpose, peace, prosperity and love.

With a down to earth writing style plus true life examples from experiences of the author and her clients *The Call of the Soul* offers accessible wisdom to achieve the self-knowledge and power to achieve the life you desire.

You will discover:

- Compassion and appreciation for all of you, including the part that resists change
- How to hear and live the call of your soul
- A quick way to release emotions and beliefs that stop you from expressing your true self and purpose
- A new feeling of ease, joy, love and confidence in yourself. Now you have a chance to travel into that night sky, to go beyond wondering and experience for yourself the reality and spirituality of life beyond our world.