

## For Immediate Release

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# Succeeding with Indigo Kids:

## A New Guide for Parents, Teachers & Healers of Unique Kids

*An eye-opening book that focuses and simplifies our understanding  
of the new soul groups of children incarnating now.*

—PENNEY PIERCE, author of *Leap of Perception, Frequency*

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**San Francisco, CA (September 23, 2013)** -- A leader in the field of children's emotional health and healing, and a popular author and media guest, Maureen Dawn Healy tackles the unique subject of indigo children in her new book, *The Energetic Keys to Indigo Kids: Your Guide to Raising and Resonating With the New Children*.

Indigo children are those incredibly sensitive, unusually gifted, passionately honest yet defiant children that bless our lives. Healy's new book is a godsend for adults who struggle to understand these kids and want to guide them toward their success with more ease.

From a whole new energetic perspective, *The Energetic Keys to Indigo Kids* is a groundbreaking guidebook on how these children operate in the world—how they think, how they make decisions, what they need, how they heal, and what triggers them.

From this new vantage point—the energetic—adults can deepen their understanding of their sensitive children's experience and guide them to manage their energy even better for more life success.

Unlike in any other book on the subject, the author shares:

- who these indigo kids *really* are,
- what they need to heal, and;
- how adults can help them succeed more.

Maureen lays out practical tips based on her real-life work with indigo kids globally. She explains how to help them manage their energy better, emerge from emotional upheavals more completely, and develop self-confidence.

Having worked with children across the U.S. and in Europe and Asia, and teaching Tibetan refugee children in India (at the Base of the Himalayas), Healy has true stories to tell of her experiences, her research, and how her clients have found success with their highly sensitive, stubborn and even defiant children.

*About the author*

Also the author of *Growing Happy Kids*, Maureen Healy is a popular spiritual teacher, energy worker and counselor. Her celebrated blog on PsychologyToday.com covers such topics as The Highly Sensitive Child, School Bullying and Helping Kids Succeed. She contributed to the PBS series "This Emotional Life" and she has appeared on ABC, NBC, Martha Stewart Radio, WebMD.com, Unity Radio, and other media; and, she writes for and is interviewed by numerous popular magazines.

Healy is a sought-after speaker for keynotes and conferences, and at spiritual centers, bookstores and educational institutions. Her website is [www.growinghappykids.com](http://www.growinghappykids.com).

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