

ABOUT THE AUTHOR

Maureen Dawn Healy



MAUREEN DAWN HEALY is a leading voice for children globally. With more than fifteen years of experience, she has helped countless parents and children grow happier. Her first book, *Growing Happy Kids*, guided adults to nurture in their children inner confidence and revealed the “5 Building Blocks of Confidence.” Maureen’s work has also garnered praise and popularity on her *Psychology Today*, and PBS blogs as well as appeared across all media outlets such as Sirius XM’s *Martha Stewart Living Radio* and the CW’s *San Diego Living* morning show.

Unique about Maureen is her global mindset. In 2007, she lived at the Base of the Himalayas working with Tibetan refugee children and also studying with His Holiness the fourteenth Dalai Lama. Since then, Maureen has spoken about spirituality in children

across denominations and spiritual centers in the US and Europe. Creative Visions Foundation and The Simha Foundation have both recognized her outstanding work.

In September of 2013, Maureen’s new book, *The Energetic Keys to Indigo Kids* (New Page) hits the bookshelves and helps adults unlock the mystery of their highly sensitive yet stubborn children (often termed indigos).

Some of Maureen’s traditional credentials include a Bachelor of Arts in Psychology and a Master’s in Business Administration from Clark University in Worcester, MA along with doctoral training in child development from Fielding Graduate University in Santa Barbara, CA. It is this foundation coupled with her Reiki Master training, and lifelong love of learning that she brings to every book, client and program.

To learn more about Maureen’s schedule, sessions and upcoming events please go to her website: www.growinghappykids.com, or follow her on Twitter at @mdhealy.