

# ABOUT THE AUTHOR

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**Dr. Synthia Andrews** Synthia Andrews, ND is a licensed naturopathic physician who focuses on the role of subtle energy and emotions in the dynamics of health and healing. For the past 20 years she has joined her husband in the exploration of consciousness, spirituality and non-ordinary reality, offering insights into the physiology involved in changing states of consciousness. She focuses on the impact encounters with non-ordinary reality have on a personal level. She is the author of *The Path of Energy* (Career 2011) and *The Path of Emotions* (Career 2013) and co-author of four additional books. Visit her at [www.Thepathofenergy.com](http://www.Thepathofenergy.com).