

# Excerpt from *Dragonflame* by Lawren Leo

## Chapter 3: Lion's Tail—Goal

### A Summary of Dragonflame

**Lion's Tail**—The goal is your desire, wish, or dream.

**Unicorn's Horn**—The purpose is why you want that goal or what you will do with it once you obtain it. It is where the goal is found.

**Horse's Body**—The sacrifice is what you are willing to let go of in order to obtain your goal.

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These three principles are the embodiment of the Dragonflame philosophy. The more you use them (with harm to none), the more you will transform spiritually and refine your subtle body (the Great Work), which eventually leads to the Philosopher's Stone (enlightenment).

### *Magical Exercise*

#### *Explore Yourself Further: Find Your Dream*

Become a magician; realize your dream. Take up the reins and ride Dragonflame across the horizon and discover what is on the other side.

For this exercise you will need one violet or light purple candle, essential oil of gardenia (to dress the candle with and to use in the oil diffuser as an offering), and three tarot cards—Major Arcana I (The Magician), the Nine of Cups, and the Ace of Wands.

**God or Goddess:** Mercury, Ancient Roman god of communication.

**Duration:** Seven days starting on any new moon.

To begin, place the three tarot cards on your altar in the shape of a triangle:

<u>Placement</u>	<u>Tarot Card</u>	<u>Meaning</u>
Top of triangle	Major Arcana I, The Magician	Purpose. Where your dream is located.
Lower left	Nine of Cups	Your dream or desire. What you love.
Lower right	Ace of Wands	Your will or sacrifice. What you are willing to give up in order to achieve your dream.

Center the cards and candle on your altar. Place the offering in the upper left corner:

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Offering

Candle

Major Arcana I

Nine of Cups

Ace of Wands

Oil Diffuser

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The three points on a triangle can correspond to Dragonflame's personality—fire, power, and transmutation as well as purpose, goal, and sacrifice. Dragonflame's personality is the

outcome or byproduct of working magic properly, allowing you to receive good karma and experience spiritual transformation.

Next, dress the candle with the following goal and purpose using essential oil of gardenia:

- **Goal:** Explore myself further
- **Purpose:** So that I may find my dream
- **Sacrifice:** Make a willpower list and follow it for seven days minimum. One of the days on it, however, must be to go somewhere new, even if it is a park in a neighboring town.

**Helpful Note:** When I performed this exercise, I used a waxing moon phase. My willpower list started on the new moon and ended on the full moon. I chose to do something each day that made me happy. For instance, reading something new, taking an aroma therapy bath (i.e., mixing Epsom salt and essential oil of lavender together and placing ½ to 1 cup under running bathwater), walking outside, listening to music, dancing, or eating something I love. Also, I focused my attention on something new, such as listening to jazz and learning some of the artists' names.

Every day, for the duration of the ritual, put eight drops of 100% essential orange oil in an oil diffuser and light as an offering to the god Mercury. It is Mercury who will enable you to locate your dream by communicating with your Higher Self, either consciously or subconsciously.

Each day or night light the candle and enter a relaxed state (see page 00). Concentrate on the following guided visualization:

*Walking out the door of your home, the thought to go somewhere entirely new unexpectedly arises. It's a balmy, bright day. Gentle breezes seem to raise your spirits as the landscape around you changes into an immense, lush field, a sea of perfect green grass bending in the wind. In front of you is what appears to be a unicorn standing underneath the only tree in sight. Catching each other's eyes, you make a telepathic connection. You receive a message from the creature in a stream of thought:*

I am a magical creature called Dragonflame. I am a part of you, hidden until this very moment. My essence is ruled by transmutation and fire. To understand me is to understand destiny. To ride on my back is to wake from a primordial sleep.

*You are on its back now and surprisingly not frightened at all. Holding on to the reins and feeling secure in the saddle, Dragonflame heads off into the field with you. Sensing your desire to go somewhere new, Dragonflame heads toward the mountains. But there are two paths to take.*

*As soon as you question which is the correct path, a beautiful melody sings through you. It is carried by the wind. The melody is to your liking perfectly. In fact, the thought crosses your mind that if you had to write a song, it would sound exactly like this one. You decide to follow the music to its source. Dragonflame speaks:*

What you are hearing is your dream calling out to you. It summons you forth. Your dream has a will too. All you need to do is match its frequency and you will find one another directly. Think of your dream as a person meditating on the goal of meeting you. You share the same wish—to find one another. When you realize this, you are closer to realizing your dream.

*The curious tune mesmerizes you more fully as you climb into the highlands and reach a level plane. There, in the openness of the prairie next to a running brook, you are surprised to*

*see a lone cabin. Leaving Dragonflame by the water, you almost float towards the humble home. The front door is open as if saying you do not need permission to enter. You pass through its archway and directly to one of the bedrooms. There, in this bedroom, is an androgynous youth lying in meditation. As you stand next to the bed, the youth awakes and sits up shocked to see that their own magic to draw you forth has worked! You join hands in happiness— your right hand with the youth's right, your left hand with the youth's left. Together, you have created an infinity symbol.*

*For so long you have wondered, where does my wish lie? Now you know. There is overwhelming happiness shared between the two of you. You will always remember the exact location of this cabin, and you may visit as often as you like to communicate with one another.*

Open your eyes. Log any experiences in your magic journal.

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