

Excerpt from *Dragonflame* by Lawren Leo

Chapter 3: Lion's Tail—Goal

A Summary of Dragonflame

Lion's Tail—The goal is your desire, wish, or dream.

Unicorn's Horn—The purpose is why you want that goal or what you will do with it once you obtain it. It is where the goal is found.

Horse's Body—The sacrifice is what you are willing to let go of in order to obtain your goal.

These three principles are the embodiment of the Dragonflame philosophy. The more you use them (with harm to none), the more you will transform spiritually and refine your subtle body (the Great Work), which eventually leads to the Philosopher's Stone (enlightenment).

Leo's Creativity

Astrological Explanation

The lion's tail on Dragonflame corresponds to the astrological sign of Leo. This fiery sign supplies three key ingredients to successful goal-making—strength, confidence, and creativity.

Strength gives us the ability to follow through with a thought. If used consciously during the creation process, it increases patience and redirects misguided energy. This misguided energy may manifest as feeling overly worried or concerned over competition, income, love or any aspect of living that wastes Leo's strength that could otherwise be used for personal achievement.

On the road to personal achievement, we find many important decisions. They can either be made with doubt or with confidence. When we are confident in our decisions, we become natural leaders. The lesson here is that a confident decision makes a lasting goal.

The last ingredient, creativity, is a byproduct found from using original thought. But from where is an original thought born? Originality is the last domino to fall in a chain reaction that looks something like this: inspiration moves an emotion, which moves a desire to express what we are feeling, which creates a thought.

Sometimes this domino effect happens accidentally and sometimes we have to seek it out. Taking a walk in the woods or listening to music are a couple examples of how we can catch an inspiration and start a domino effect. A breathtaking act of nature like a lightning storm or Zen-like sport or experience such as surfing can also kick start a domino effect. As well as falling love.

The wonderful thing about original thoughts is that they are natural expanders. They expand your intelligence by forcing you to think beyond your normal mental limitations, and they take you deeper into your creativity, becoming additional colors on your soul's palette. Ultimately, they expand your horizons.

Magical Exercise

Leo's Creativity: Original Thought

The ancient Greeks prayed to one of the nine muses, Clio, for inspiration. In the following exercise, you will call on her guidance as you focus on catching an original thought. For this exercise, you will need 1 sunflower-yellow candle (any size), essential oils of cinnamon (to dress

the candle), and Hyacinth (to use as an offering). You may also use olive oil (see “sacrifice” below).

God/Goddess: Clio

Duration: 1 day

- **Goal:** Original Thought
- **Purpose:** Expand your horizons
- **Sacrifice:** Burn some Hyacinth incense or oil as an offering to Clio. Olive oil also makes a wonderful oblation. Just put some in a bowl and place it on your altar for Clio.

To begin, dress the candle with cinnamon oil. Cinnamon oil is used for concentration and also corresponds to the elements of fire and air. Place it on the center of your altar. You can perform this exercise either standing or sitting. Once you choose, entered a relax state.

Next, light the candle when the big hand on the clock is going upwards. For example, 9:35, 10:35, etc. This symbolizes the big hand bringing the wish to you. As you light the candle say:

Clio, daughter of wisdom, bring me inspiration from out of the blue.

Now imagine yourself sitting in the lotus position and floating mid-air in a blue sky. There is not a cloud in sight. Inhale to a slow count of 3 and say to yourself “original,” hold the breath for a count of 3 while imagining the blue of the sky, exhale to a slow count of 3, and say to yourself “thought,” hold the exhale to a slow count of 3 while imagining the blue of the sky. Do this two more times. Breathe naturally. Become aware of how your chest and abdomen move with each inhale and exhale.

Commit the following chant to memory, and repeat it out loud or to yourself in a rhythmic manner while focusing on the candle's flame:

Strength, Confidence,

Original Thought

I Seek You Out

Until You're Caught

When you feel satisfied, close your eyes and imagine a flaming gold image of the zodiac sign Leo in your mind's eye. This symbolizes that you have caught what you were seeking and solidifies the inspiration. Do this for a minute or two only.

You are finished. Let the candle burn out naturally. Thank Clio and the kind spirits in advance for their help. If you used an oblation of olive oil, pour it outside, symbolically giving it back to the earth. Log any experiences in your magic journal.

Enhancements for the Advanced Student

- Begin the exercise on the new moon
- Perform when the moon is in Leo (first choice) or Aquarius (second choice).
- During the chant, every so often, walk by your candle and visualize the zodiacal sign of Leo in your mind's eye.
- Replace my purpose with your own.

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