

Change Your Aura, Change Your Life:

A Step-by-Step Guide to Unfolding Your Spiritual Power

by Barbara Y. Martin

RIGHT NOW, YOU HAVE THE ABILITY TO TAP AN unlimited, spiritual reservoir of energy that can help you in every aspect of your life. Think of it as your spiritual bank account. Need more love in your life? Bring in the energy that is the embodiment of love. Looking for new inspiration? Call on the energy that inspires new ideas. How about more prosperity? Draw in the very power that manifests wealth. This spiritual account of Living Light is far more valuable than any cash account could ever be, and nothing is asked of you other than to use it.

This gift from God is one of the essential keys to developing a better life. By tapping into this spiritual account, you can greatly quicken your personal and spiritual progress. You can produce what you want faster, solve personal problems more effectively, and be able to help others to a greater degree.

This divine power can be perceived as a brilliant, iridescent light, with colors far more splendid than anything found in the physical spectrum. It expresses itself in you through the miracle of your aura. When you draw in spiritual energy, you first draw that energy into your auric field before putting it to use in your life.

So, by making a change in your aura, there will automatically be a corresponding change in your life. Change your aura, you change your life. That's one of the spiritual laws.



For all the years that I have been working with the aura, I still find it captivating. The depth of activity that goes on within each of us, unseen by the physical eyes, is truly amazing. For anyone who has studied this subject, one fact becomes crystal-clear: there is far more to the unseen part of life than there is to the seen.

The aura may be defined as a vibratory essence that surrounds all living things. Humans, animals, plants and all objects in nature give forth a vapor or cloud, indicative of their real constitution. Inanimate objects also have an aura or auric emanations. A person's state of mind, physical health, emotional nature, and spiritual makeup all radiate energy, which together comprise the aura.

The aura is the blueprint of our active soul qualities. As we attract spiritual energy through our various thoughts and activities, those energies register in the auric field. Our talents, strengths and weaknesses are all laid out in our auras. There's no guesswork. In physical life, we can hide our true character from others if we choose to. In the aura, there can be no concealment or deception: our true character is clearly visible. If we have done evil deeds, those deeds register in our aura and create conditions accordingly. If we have done wonderful things, those wonderful energies will also appear. All the variations in between show up, too. As a result, the aura is completely consistent and reliable in displaying our qualities and spiritual makeup.

Does everyone have an aura? The answer is emphatically yes. The aura is common to everyone. Every single person has an auric field, regardless of who he or she is. Even if a person is deathly ill, there is still an aura.

The only time an aura diminishes in power is when a person is ready to make their transition from this Earth life. In this case, the aura does not dissipate; rather, along with the soul, it withdraws its power from the physical plane of existence and returns to its spiritual origin. Other than this, the aura is always active and visible.

We don't have to actually see the aura to know its operation and power. Most of us can feel the aura, because the aura vibrates. People say, "Oh, I don't like that person's vibes." Why? Although we may not see an aura, we intuitively react to its energy field. As a result, a person with a rarefied aura will automatically feel uncomfortable around someone with a dark aura, and much happier around a person who has a similarly bright aura. Likewise, a person with a very dark energy field will

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feel more at home with someone of like vibration than with someone whose aura is very bright. The old adage “Like attracts like” holds very true with the aura.

Most striking about the aura are its dynamic colors. Our thoughts and feelings all radiate colors indicating the quality of thought or feeling being expressed. These colors, to the untrained clairvoyant eye, first appear to be random, but they’re not. Each color is there for a specific reason and as a result of a particular way we have attracted and used the Divine Light.

Spiritual colors in the aura range from the beautiful, high, pearl luster colors of the advanced soul to the inky blacks, dull metal grays, and dirty maroons of the undeveloped individual. Most people fall into the middle range, with both higher and lower colors moving in their aura. When the soul is ready to progress to the next level of development, the shade becomes lighter and is frequently mistaken for white.

As we change our mental and emotional states as well as our actions, our aura changes accordingly. This change can sometimes be dramatic. Parts of the aura can be tranquil as water one moment, then impulsive as flames the next moment. Other parts change much more gradually over a long period of time as our character changes. This dynamic quality is our saving grace. We’re never stuck with an aura the way it is.



I was about three years old when my spiritual sight opened to the beautiful world of auras. I began by seeing them around people and things. Though I had little comprehension of what I was seeing, I remember watching the auras around my parents and siblings and noticing how the colors would change according to their moods and actions. I remember taking trips into the country and seeing the auras around trees and flowers and thinking how beautiful life is. And how God must be everywhere.

I had an experience when I was about four that taught me an important lesson about my abilities. My father was a Greek Orthodox priest, and one day, we all went to the dedication of a new church. It was a major event, and our family was a big part of it. There were thousands of people

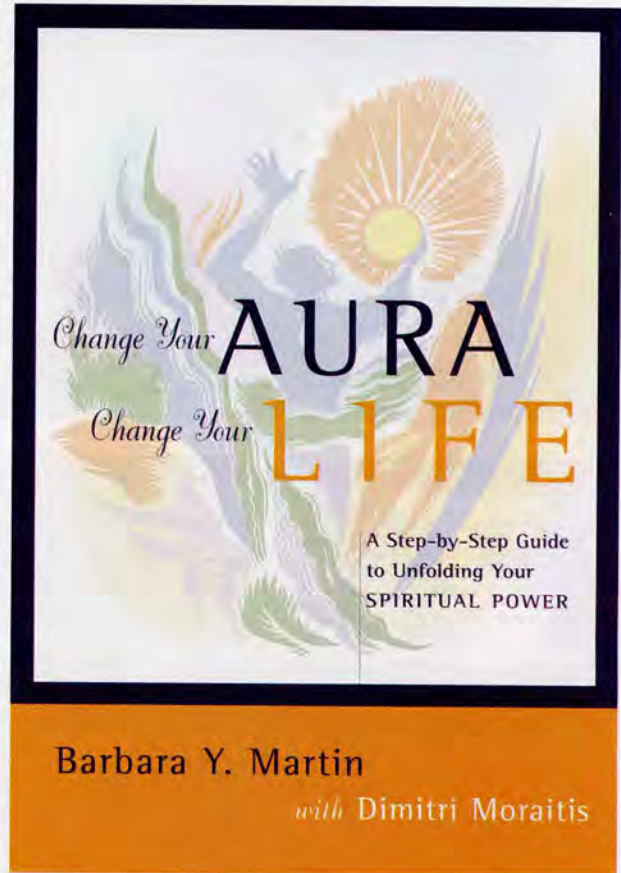
there. The archbishop stood very regal, resplendent in his tiara and cross before the altar. Beside him, to his right and left, were two bishops who were officiating with him. I studied the aura of the archbishop and found his energy field to be very menacing. Instead of brilliant, uplifting colors, he had dark, grotesque colors emanating from him. However, the bishop to his right, who was lower in rank, had a very beautiful aura with striking pearl luster colors.

In the Greek Orthodox faith, it is customary to kiss the hand of the officiating archbishop, priest, or bishop. When it was our turn to go down the aisle and kiss the hand of the archbishop, I refused. My mother insisted. In front of the whole congregation, I screamed, “No, he’s a monster! He eats children!” Needless to say, my mother took me out and gave me a good spanking.

So, I learned that this gift could be a curse as well as a blessing. Who wants to see ugly energies around someone—especially a family member or loved one? I learned to keep quiet about what I saw and to shut off these gifts when I needed to, so I wouldn’t be overwhelmed.



You are the aura you radiate. When you leave this Earth and move into the hereafter, you’re going to leave with the aura you’ve earned. If your life hasn’t been the best, you’re not going to suddenly come into a beautiful, saintly aura. You’re going to be exactly who you are, so you need to start improving your aura right here and now. Aim to leave this life with a better aura than the one you entered with by continuously building your light through your good thoughts, words, and actions. The light you accumulate will give you a spiritual wealth beyond measure, a wealth that can never be taken from you. 🌸



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Distinguished clairvoyant and aura specialist BARBARA Y. MARTIN shares her many years of experience in observing and working with the auric field in **Change Your Aura, Change Your Life**. She demonstrates how everything we think, feel and do radiates a spiritual energy that comes through in definite colors and hues. By working with the source of our aura power, we can greatly improve the quality of our lives.

Born with the rare ability to see and read the aura in all its subtleties, Barbara was one of the first to lecture in depth on the human energy field. She is a teacher, counselor and healer, and has appeared on national television with Sylvia Browne and Uri Geller.