

# STORY ANGLES

## The Light

By Keidi Keating

1. How an Orb of Light Told Me My Purpose in Life – when an orb of mystical Light showed up in my bedroom one night trying to tell me something, I felt disappointed that I did not tune accurately into his words. However, the next day the idea fell into my mind to put together a book to help other people awaken their Divine inner spark.
2. How to Beat Depression in a New Age Way – Everything we ever need is inside ourselves, however so many people have become disengaged with this inner power that they have turned to alcohol, drugs, or food (binge-eating) in order to suppress their feelings. However, to feel is to live, and to live is to Love. Everything is love and when we Love we shine our Light and our lives become full of miracles and joy.
3. How to Reawaken Your Own Divine Inner Spark – We all have this Light inside and when we were born into this world, it was fully awake. Due to the limiting beliefs, dramas, and densities on planet Earth, our Light gradually becomes dimmer and weaker as we grow older and need to deal more and more with the dross and tediousness of real life. Yet we can all learn to reawaken that Light in our spiritual heart, and when we do, life transforms... like a caterpillar into a butterfly.

