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SPIRITUAL TEACHERS AND BESTSELLING AUTHORS CONTRIBUTE TO A NEW BOOK ON SPIRITUAL TRANSFORMATION

"The Light is a treasure trove of wisdom offering the reader both spiritual and physical guidance." — JOHN GREY, author of the Mars/Venus book series

San Francisco, CA (October 1, 2014) — Brought together by author Keidi Keating, superstars in the world of spiritual transformation have contributed their knowledge and insight to *The Light: A Book of Wisdom: How to Lead an Enlightened Life Filled with Love, Joy, Truth, and Beauty*.

Based on the guidance from twenty-two luminaries in the field of spirituality, Keating leads the reader through preparation, exercises and practices, and experiences to accompany their sacred journey on the path to where the ancient mystery of the Inner Light is revealed. Covering topics from co-creating a peaceful world, forgiveness, healing, and finding purpose and happiness, to chapters about health, well-being, destiny, and the mysteries of kundalini, *The Light* empowers readers to achieve their greatest potential of mind, body and spirit.

The Light: A Book of Wisdom presents profound guidance for discovering inner Light, living from the heart, oneness with humanity in a spiritual realm, and connection to others through service. The renowned teachers and authors include:

- Don Miguel Ruiz
- Neale Donald Walsch
- Barbara Marx Hubbard
- Janet Attwood
- John Perkins
- Marci Shimoff
- Vishen Lakhiani
- William Arntz, and many more

"The Light is a shining reflection of the five principles I hold dear to my heart. It is written with integrity and communicates a message of hope and transformation."

—DON MIGUEL RUIZ, author of *The 4 Agreements*

Keating said, *"I discovered my own Light through a series of synchronistic events, after enduring a period of depression and uncertainty."* Following a dramatic experience of transformation, she was prompted to study and learn more about the soul and the other side, while at the same time developing profound intuitive abilities. Affectionately known as "The Word Queen", Keating publishes books and products that help to heal the world, through her company, The Light Network.

About the Author: Keidi Keating experienced a sudden spiritual awakening at the age of 30, after a series of transformational healing sessions. One night, an orb of glowing white light appeared and instructed her to put together a book of light. She gathered some of the world's greatest spiritual teachers and authors to contribute chapters.

Three years later, after a lot of hard work and synchronistic magic, *The Light: A Book of Wisdom* was complete. Keating now speaks at events throughout the world, and she continues to write books that empower people to awaken their divine inner light.

"The Light empowers people to find their greatness and serves to make this world a brighter place for us all." Jack Canfield, originator of the *Chicken Soup for the Soul* series, and featured teacher in *The Secret*.

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