

CONNECTING WITH THE DIVINE

A Woman's Pilgrimage of a Lifetime

"When Life Cried Out takes you on one woman's quest for spiritual alignment and it blew me away! I was moved and engaged as I have felt many times just as she did, asking questions about life's purpose, connecting to the Divine and trying to reconcile experiences here on Earth with spiritual connection and wholeness."

— MARJORIE WALKER

San Francisco, CA (February 1, 2015) — A charming, docile daughter and wife, as so many women of her generation, for years, **Paddy Fievet** did what everyone expected and needed her to do. Paralyzed with anxiety and a dysfunctional marriage, she put pen to paper, chronicling a seven-year-long journey of self-discovery and spiritual enlightenment. Fievet's new memoir, *When Life Cried Out: One Woman's Spiritual Quest to Be Fully Alive* is a real page-turner that takes readers on a bumpy path through her divorce and her agonizing agoraphobia experiences and panic attacks, and on to her metaphysical revelations as she traveled the world.

Riveting scenes recount mystical encounters in Ireland, an unforgettable visit to Auschwitz, a connection with feminine spirits in Malta, and a message received at the Great Pyramid of Giza. The author wrote, *"I realized that during this painfully honest, gloriously adventure of following Spirit's guidance, places of silence and dysfunction inside my psyche had cried out, found solace and gleaned wisdom so profound that it can only be understood as Divine Love."*

Among the kernels of truth and guidance in *When Life Cried Out* is the concept that everyone's life is a Sacred Story that must be realized and expressed. Fievet came to the realization that she was spending her life trying to remember the birthright of her story, substituting relationships for authenticity, and bonding to materialism instead of self-worth. She said, *"I sat on the outside seat in the back row of life, ready to run, observing, but not quite participating."*

Self-actualization and spiritual growth are the rewards for readers who take to heart the dramatic memoir of a woman who emerged from a personal pilgrimage to become a teacher and earn a Ph.D. in metaphysics. The publication of *When Life Cried Out* and the book that followed (*The Making of a Mystic: Writing as a Form of Spiritual Emergence*) have established this author as trusted source of wisdom for seekers of their own con-

nection to Spirit and self-knowledge. *"I'm convinced that the entire Universe eagerly waits to help each of us with our own spiritual growth. Life then presents itself as an expression of love in the highest form, an awaking to your own life as a sacred story."*

About the Author: a modern mystic, a facilitator, public speaker, blogger, teacher and artist, and a member of Spiritual Directors International, **Paddy Fievet** has studied spirituality, psychic arts, and metaphysical law in depth, earning a Ph.D. in Metaphysics. She is also the author of *The Making of a Mystic: Writing as a Form of Spiritual Emergence*.

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Title: *When Life Cried Out: One Woman's Spiritual Quest to Be Fully Alive*

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