



STORY ANGLES

The Making of a Mystic

By Paddy Fievet, Ph.D.

GOD SPEAKS TO US IN WAYS THAT WE CAN COMPREHEND

In Part One of *The Making of a Mystic*, Paddy Fievet describes the process of automatic writing she experienced one day when she needed the answer to a question that plagued her all of her life. After writing the question at the top of her paper, her hand seemed to take on a life of its own, writing first at the top of the paper, then at the bottom, then filling in the middle in random order. Paddy did not know what had been written until she read it. It was a divine revelation specifically for Paddy. Like Paddy, each of us has the capacity to receive messages from God. We all have been given talents, we all are wired to receive messages from the Holy in our lives, and we all have the divine right to do so. In the Bible it is quite prevalent to read how God revealed wisdom and reassurance to humanity in different ways. It can happen to all us, also, not just to a selected few. Sometimes we receive divine guidance in a profound way or a simple gut reaction. Sometimes, we spend so much time expecting God to answer us in specific ways, or spend too much energy comparing ourselves with another who is judged to be more worthy, that we don't realize our own capacities. Bottom line: you are wired to be guided and feel love from the Divine in your own unique way. God will always reveal to you whatever it is that you need to know in ways you can comprehend.

GOD IS IN ALL THINGS AND ALL THINGS ARE IN GOD

The Making of a Mystic presents a spiritual increase for the author, Paddy Fievet, through automatic writing. At first, this experience felt like a separation to Paddy, like she was experiencing a touch of Spirit that felt holy, yet separated from her. After a while as Paddy grew more spiritually connected and became aware of God's connection to all of humanity, she began to gradually awaken to the Oneness aspect of her own life as well as all of life, such as that found in older, ancient trees. Since Paddy is very aware of vibrational essences innate to all life, as her processing continued she learned to feel so connected to the divine life in all of nature that her writing began to present itself as poetry. During the moments when the poetry flowed so effortlessly, Paddy began to realize that the

vibrational differences between her and all of nature had one major thing in common: God is in all things and all things are in God.

LIFE IS A MYSTICAL EXPERIENCE

A mystic is a person who has had a direct connection with the presence of God and is, therefore, deeply transformed. The experience of the direct connection with the presence of God is called a mystical experience. Normally, when one mentions mystical experience or a mystic, ordinary thought runs the gamut of extra holy saints who God loved most. However, Paddy Fievet disagrees. In *The Making of a Mystic* there are examples of Paddy Fievet's gradual witness to the presence of God in all life, not just selected species. The God as Spirit reveals the divine connection in all of life, including ancient trees, the murmuring of a lazy brook that flows through a mountain valley, and the intense effort it takes for a butterfly to break out of its own cocoon. Although we each have read of saints and prophets who have had a direct experience of God, this divine presence can be known to each of us every day if we simply be still enough to allow it to present itself.

BE STILL AND KNOW

If intuition is indeed the language of the soul, then it follows that each of us are intuitive. Problems arise because we don't realize it. In Parts Five and Six of her book *The Making of a Mystic*, Paddy Fievet explains that it is not about what we do that allows us to access, discern, and witness the presence of God in our lives, but it is in the stillness. That still, quiet voice of God may have boomed from the heavens when Jesus was baptized, it may have burned a bush for Moses to get his attention, and it may have whispered through the ears of the prophets, but for most of us discerning God's messages for our lives isn't so obvious. Instead of waiting for firecrackers of revelation, we each function best when we sit in silence, opening our hearts and soul to God. As Paddy explains in Part Six, intuition is an innate process, a cultivated awareness, and a profound experience of the language of God specifically formulated for each of us in our own unique way of understanding. Be still. Then know. That's all that is necessary.