

A New All-In-One Guide

HOW TO ACCESS THE AKASHIC RECORDS

"Whether you are just learning about the records or have worked with them extensively, this book will help you reach new understanding about the power of accessing your personal Akashic Record."

— MARCI SHIMOFF, NYT BEST-SELLING AUTHOR OF *HAPPY FOR NO REASON*

San Francisco, CA (February 1, 2015) — Finally, the most effective techniques and strategies for accessing the Akashic Records can be found all in one book. By the internationally renowned teacher, Lisa Barnett, *The Infinite Wisdom of the Akashic Records* is filled with the tools for transformation, self-awareness and personal change.

Barnett guides readers through the Akashic Knowing Wisdom Prayer System, a five-step process with vibrational keys with which to open the path to Divine guidance from one's own library in the Akashic Record. Readers learn to:

- Formulate questions to receive life-enhancing answers
- Release negative karma, soul contracts, and vows
- Gain clarity through specific exercises
- Practice healing prayers and meditations

The Akashic Records are the archives of a soul's journey, holding all the thoughts, feelings, actions and deeds from each lifetime; some people imagine them in a library, with each book representing a lifetime. Everyone has their own masters, teachers and Beings of Light that keep track of all the information, and they will answer questions about current and past lives that affect each of us in the lives we now live.

Barnett wrote: *"Feel like you are carrying too much baggage? Are you spaced out and tired, overcome with emotion, depressed, angry, frustrated? Most of us think it has to be a long and painful journey when we're at a crossroad or faced with a difficult decision, and yet, through the use of these ancient energetic tools, blocks and constrictions that stand in your way can be cleared."*

Everyone comes into life with a plan to complete karma and fulfill past life vows and to be with a life partner and a soul family. We feel constricted or disappointed when we forget our plans and why we chose our families and our situations. *The Infinite Wisdom of the Akashic Records* helps to heal and clear those painful and dysfunctional blockages,

allowing us to gain answers to questions about health, career, relationships, purpose, self-esteem and abundance, and to release old ways of being that no longer serve.

"I've been working with the Akashic Records for years. The Infinite Wisdom of the Akashic Records is the most clear and comprehensive book I've seen on how to access the Records and utilize the knowledge. Barnett is a powerful writer and a pure catalyst to the Masters of the Records."

Debra Halperin Poneman, best-selling *Chicken Soup* author;
Founder and CEO, Yes to Success, Inc.

About the Author: Lisa Barnett founded the Akashic Knowing School of Wisdom to teach six new Akashic Access Prayers to humanity. She has helped thousands of people from around the globe to find greater fulfillment, happiness, abundance, and health by accessing their own Akashic Records.

As an internationally respected **Akashic Records Transformational Teacher**, Barnett has more than 20 years of experience guiding people to energetic healing and higher wisdom. She teaches her dynamic and powerful workshops for accessing the Akashic Records internationally, locally, and online.

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