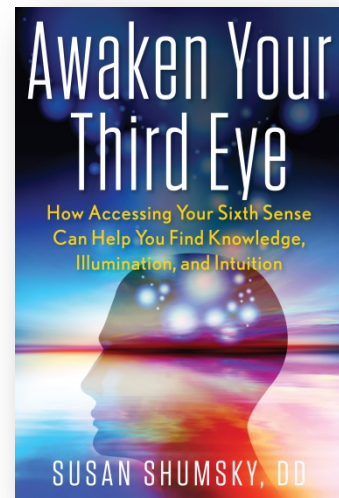


BOOK SUMMARY

Awaken Your Third Eye

By Susan Shumsky, DD



What is your “third eye”? And how can you open it?

Through the window of your eyes, you can view the ever-changing landscape of your beautiful, miraculous world. You can delight in beholding the glorious manifest creation around you—both the natural world and man-made objects. You perceive this magnificent world with your five senses: seeing, hearing, tasting, smelling, and feeling.

But there is a sixth sense. With this sixth, higher sense perception, you can open the gateway to subtler realms of existence. You can develop an inner eye and view an invisible world, consisting of multiple dimensions, alternate realities, subtle planes, spiritual worlds filled with light, and parallel universes of indescribable wonders. This eye of wisdom, knowledge, illumination, and intuition is aptly named “The Third Eye.”

The mechanism of sight, according to science, is a marriage between the object of perception, your two eyes, and your brain. It is believed the mechanism of inner sight (insight or intuition) uses an inner third eye, seated in the pineal gland. This gland, somewhat of a mystery to modern Western allopathic medicine, is well known to Ayurvedic medicine of India, to Chinese medicine, and to the ancient cultures of Egypt, Sumeria, Assyria, Babylonia, Greece, Rome, Mesoamerica, and others.

In India this third eye is known as the *ajna chakra*, a subtle energy plexus in the middle of your brain seated in the pineal gland. It is the portal of higher vision, where you can see what is not evident by using your eyes. This chakra is not in your physical body. If you were to dissect a cadaver, you would not find it anywhere. It is located in your subtle body.

In *Awaken Your Third Eye*, readers will explore the third eye in depth. They will discover the workings of their subtle body and its relation to the physical body. Through using the methods in this book, they will learn how to awaken their third eye and develop super-sensory perception by various traditional and non-traditional methods, both ancient and modern. This book has four parts, which help readers fully explore the third eye: Discovering the Third Eye, Treasures of the Third Eye, Awakening the Third Eye, Using the Third Eye, and Experiencing the Third Eye.

Awaken Your Third Eye is written by Dr. Susan Shumsky, author of ten spiritual self-help books, Dr. Shumsky has authored *Divine Revelation*, in continuous print with Simon & Schuster since 1996, as well as four award-winning books: *Miracle Prayer*, published by Random House, *Exploring Chakras*, *How to Hear the Voice of God*, and *Ascension*. She also authored *Exploring Meditation*, *Exploring Auras*, *Instant Healing*, *The Power of Auras*, and *The Power of Chakras*. Eight of her books were published by New Page Books. Many have been published in foreign languages, and several were #1 Amazon.com best sellers.