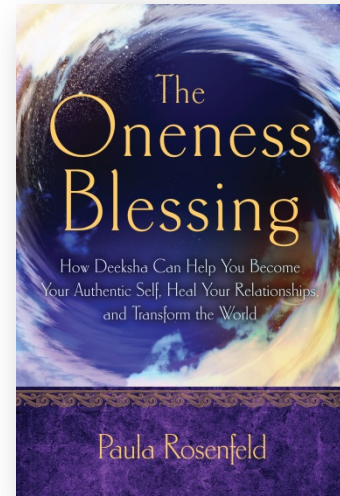


BOOK SUMMARY

The Oneness Blessing

By Paula Rosenfeld



The global phenomenon of the Oneness Blessing, also known as Deeksha, is an energy transmission passed through the hands of one person to another. The mysterious Deeksha works in a neuro-biological way, activating the recipient's frontal lobes of the brain, and de-activating the brain's parietal lobes. This subtle but powerful shift in brain function supports an experience of heightened awareness, joy, interconnectedness, and authenticity, leading to permanent awakening and growth in consciousness.

The Oneness Blessing is not a religion and requires no allegiance to any beliefs, doctrines, or practices. With surprising simplicity, it opens the door for ordinary people to join in the extraordinary flow of life's natural abundance, unity, and miracles.

In *The Oneness Blessing*, Paula Rosenfeld interviews permanently awakened Oneness Trainers whose lives have been transformed through Deeksha. Their clarity, humor, gratitude and inspiration, intimately illuminate what it means to live an awakened life. The reader will discover how Deeksha can catalyze:

- A change in inner perception, resulting in miraculous changes in relationships, prosperity, health, purpose, and happiness
- A letting go of resistance to people and situations
- A deep, personal bond with all that is
- Relief from cravings and addictions
- Permanent awakening, a shift in brain function that opens the heart, quiets the chattering mind, and enlivens the spirit