

# INTERVIEW QUESTIONS

## Toward the Light

By Amy Major



1. What is Spirit Rescue?
2. Why do ghosts/spirits remain behind? Why don't they cross over right away?
3. Are all ghosts bad/negative?
4. Where's the most typical place you would find a ghost?
5. How is Spirit Rescue different from Ghost Hunting?
6. What is a Rescue Medium and how are they different from a Psychic Medium?
7. What is a spirit attachment and why do they attach?
8. You talk a lot about Residual energy in your book, what exactly is residual energy and how we tell the difference from residual energy and a ghost?
9. Why do we need protection when communicating with ghosts/spirits? How do we do this?
10. What do we do if we feel we have a ghost in our home/space?
11. How do we learn more about Rescue Mediumship?
12. What is the Spirit Police?
13. Is it okay to use Ouija boards or other spirit communication tools?
14. How did you become a Rescue Medium?
15. How does a Rescue Medium help a spirit "cross-over"?
16. What is a spirit guide?
17. So are spirits everywhere? How do we know if they are around?
18. How can we tell the difference between a spirit that has crossed over and an earthbound spirit/ghost?
19. Can anyone help a spirit cross over?
20. Where can we go for more information? Website?