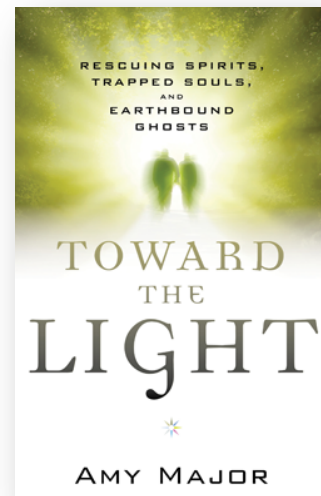


BOOK SUMMARY

Toward the Light

By Amy Major



Since time began, stories of ghosts and hauntings have frightened us. Until recently, few have dared to contact the deceased and discover the true nature of earthbound spirits and the phenomena they create. Our understanding of the afterlife has evolved, and with it the reality that ghosts are people just like ourselves, in need of help with all the problems that we face every day. *Towards the Light* is the first guide dedicated solely to Spirit Rescue and its role in saving earthbound spirits. Written in a common sense way, it is a guide to Rescue Mediumship, a form of spirit communication used to counsel and aid the deceased in crossing over. It is emotional and spiritual journeys of discovery that will help people understand the world of spirit from a ghost's perspective.