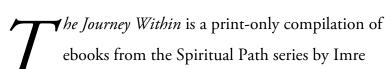
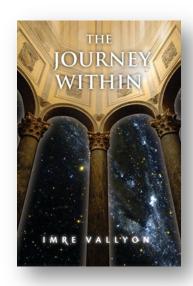
## BOOK SUMMARY

## The Journey Within

By Imre Vallyon





Vallyon. It offers the spiritual seeker an accessible yet comprehensive introduction to the Universal Spiritual Teaching, stressing the need for right understanding while walking the Spiritual Path in today's world. *The Journey Within* covers topics such as the search for true happiness and how to reconnect to the Higher Self; the importance of choosing the right path to follow; the true purpose of meditation; what happens after death; developing love and wisdom as the meaning of life; the feminine aspect of Deity; and the understanding of karma, evil, compassion and the power of thought. Living a more spiritual life is a challenge in a world so focused on material things, but this book offers a system of guidance and right knowledge from the perception of Higher Consciousness so that the reader may be inspired and prepared for the Inner Journey.