INTERVIEW QUESTIONS

Lightworker Relationships

By Sahvanna Arienta

- 1. What are Lightworkers?
- 2. What makes them different?
- 3. How do they relate to others?
- 4. What is an Empath?
- 5. Why do Lightworkers have difficulty accepting love?
- 6. Why do they need to learn to accept love?
- 7. Why do they seek out wounded partners?
- 8. What are the ways to they become trapped in dysfunctional relationships?
- 9. Why do they have difficulties in relationships?
- 10. What behaviors patterns do they usually develop within their relationships?
- 11. Explain the heart chakra.
- 12. What occurs to the heart chakra when Lightworkers experience painful relationships?
- 13. How do these patterns affect their relationships?
- 14. What ways can you suggest to break these patterns?
- 15. What happens when a Lightworker shuts off their connection to others?
- 16. What are some signs that they have disconnected to their loved ones?
- 17. Why is this a very perilous position for a Lightworker especially?
- 18. How does a Lightworker escape isolation?
- 19. What ways can they learn to re-engage others in a healthy way?
- 20. How do they shift their perception from victim to Light Warrior?
- 21. How does a Lightworker master their role without becoming drained of light energy?

