

STORY ANGLES

Born to Heal

By Luke Adler

- 1. **Luke the healer and how he got to be who he is:** Emphasis on early meditation training, relationship with nature, and training.
- 2. **Why we get sick and how to heal:** Explaining Sequence of Separation from the Source of All, which emphasis on how to reverse it.
- 3. **Taking control of your health:** Explaining that independent of specific body ailments, there is a road back to wellness that is similar for everyone and includes meditation, breath, nutrition, and soul-searching.