



# REVIEWS

## Born to Heal

By Luke Adler

*Born to Heal* is an honest, vulnerable account of Luke's healing journey and the journeys of the people he serves. He brings forth three straight forward approaches to healing that anyone can learn. The journey to heal the heart takes courage and Luke's book models exactly the kind of courage needed for this healing journey. His capacity for love and his joyful expression of spirit is evident in every page. This book will make you laugh, cry and sigh and even more importantly, it will help you to recognize that you are not alone and you are loved.

— DR. YVONNE FARRELL DAOM, author of *Psycho-emotional Pain and the 8 extraordinary Vessels*

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*Born to Heal* is an inspiring book of wisdom. Luke Adler's words bring healing in a very open-hearted masterful way. A gifted writer and storyteller, Luke's insights can truly change your reality about love, life and everything in between! *Born to Heal*, is a fascinating read for anyone needing improvement and healing. Use this book as manual to heal your life!

— DAVID ELLIOTT, author of *The Reluctant Healer*, *Healing*, and *The Baptism*

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In *Born to Heal*, Luke brings to life the ancient teachings of Chinese medicine. He offers penetrating insights, wisdom and tools that will inspire you to listen to your inner guidance, help you heal your body and emotions and provide you with the strength and courage to fulfill your life's path.

— DR. MALVIN FINKELSTEIN, OMD, former chair of the Oregon Medical Board Acupuncture Committee and National Acupuncture Certification Board

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