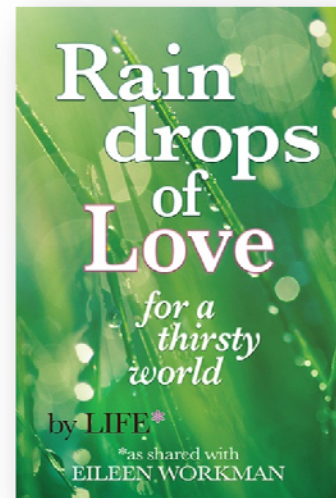


Book Summary

Raindrops of Love For a Thirsty World

By LIFE, as shared with Eileen Workman



R*aindrops of Love For A Thirsty World* invites us on a tender, beautiful odyssey into personal self-realization. Part One encourages each of us to fall irrevocably in love with ourselves, just as we are. But it doesn't stop there.

Part Two extends our journey of self-exploration by focusing on how to practice healthy and compassionate self-discipline. In this section, we are encouraged to love ourselves enough to graciously change whatever may be holding us back from becoming the best human being that we can possibly be.

Part Three then invites us to self-actualize, by reminding us that we each bear some responsibility for making a positive difference in this world. In this section we are encouraged to express fully our personal passions, talents, and gifts for the benefit of *all* life on Earth—which includes ourselves.

Lastly, Part Four encourages each of us to become genuinely self-governing creatures by aligning ourselves more consciously with life's rhythms and loving intentionality. Taken together, these practices offer a most promising means for advancing ourselves—both personally and collectively—as we awaken to the truth that we are the boundless power of unconditional love, fully embodied.