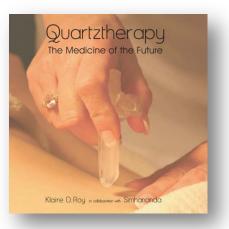
## Book Summary

## **Quartztherapy:** The Medicine of the Future

By Klaire D. Roy



*Quartztherapy* presents a ground-breaking therapeutic approach for healing with quartz. Most classic lithotherapy books compile a list of the therapeutic effects of crystals. *Quartztherapy* goes further, delving deeply into the therapeutic function of quartz and delivering tried and tested treatment methods in a 'how-to' format as taught by the author Klaire D. Roy, an experienced lithotherapist.

According to her vision: "The complex nature of crystals and their etheric framework enables them to align themselves with our etheric framework and complexity." Her new book therefore focuses, among others, on the study of the etheric body (and how crystals affect it), the circulation of prana (life energy), and the meridians (energy pathways).

Fully illustrated and written in a simple and accessible way, this volume also explains various therapeutic methods used with quartz. For example, it illustrates techniques such as how to cleanse, repair, recharge and balance the etheric body (the door to all other subtle bodies) employing specific quartz crystals. It also describes more than 25 kinds of quartz and their benefits in therapy such as: elestial quartz, citrine quartz, Diamond Light Wand, record keeper, laser, self-healed, time link, cathedral, phantom, clear, etc.

This exciting new approach provides guidance and inspiration for all readers, experienced therapists and quartz enthusiasts, enabling them to harness these treasures from Mother Earth in their therapy or personal life.