

About the Author

Paddy Fievet, Ph.D.



Born deep in the South where swatting mosquitoes and blowing gnats become a rite of passage, Paddy Fievet is a North Carolina speaker, poet and author who teaches others to appreciate life as an empowering, spiritual adventure. Her latest books are *When Life Cried Out* (Cloverhurst Publications, 2014) and *The Making of a Mystic* (Cloverhurst Publications, 2015). She is a member of Spiritual Directors International, The Atlanta Writer's Club, North Carolina Writer's Network, as well as The National Association of Professional Women.

Utilizing narrative, expository, and descriptive forms of writing to entice her readers into imagining themselves in new ways, her books and articles help her readers to not only discover their own sacred story, but live it. For over sixteen years Paddy Fievet has taught others to realize that their intuition comes in many forms, is innate to each of us, and is something you allow, not something you do. In her speaking engagements, she describes intuition as the language of the soul and as such, can lead each of us into a richer, deeper self. Paddy understands herself as well as her audience as Modern Mystics.

Paddy obtained her Master of Science and Doctorate of Philosophy in Metaphysics from the American Institute of Holistic Theology with an emphasis on the integration of body, mind, and spirit. She was ordained as a minister by Dr. Willard Fuller, ThD, founder of Lively Stones Fellowship and has completed extensive training as a Stephen Minister. As well as having advanced training in Integrated Energy Therapy (the energetic relationship between the body, and emotions), she has also studied different types of intuition under the tutelage of Dr. Doreen Virtue and Dr. Mark Armstrong of the Ahimki School of Holistist Theology.

As an avid writer, her work has a mystical, introspective twist appealing to adventurous seekers. A passionate, spiritual awareness flows through her writing, enhanced by her own adventures. During an intense spiritual awakening, she traveled extensively, experiencing profound mysticism in Ireland, a soul's crossing in Auschwitz, the feminine spirit in Malta, personal evolution at the Mary Magdalene Tower in France, and Divine Unity while sitting inside the Great Pyramid. During these and more insightful spiritual experiences, she understood joy, authenticity, and love are experienced from the inside out. With each travel adventure, she uncovered profound truths of sacred wisdom, awakened to a greater sense of self, and understood all life as a spiritual quest – a sacred story.

Deep thinking, creative, and vivacious, Paddy Fievet knows from the depths of her soul that life is not only a journey, not only an increase in wisdom, but can be quite adventurous and a lot of fun. All of her experiences have solidified one profound certainty for Paddy Fievet: Life is truly not about accomplishments, experiences, or appearances. Life is about who you are, from the inside out.

Currently, Paddy Fievet is a happily married, thoroughly modern mystic who enjoys nature, writing, gardening, and painting. You can visit her at *paddyfievet.com*.