

# Soaring with the Eagles:

## How to Become a Modern Mystic

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**San Francisco, CA (October 1, 2017)** — Inspiring and highly motivating for seekers of direct connections to God, *The Eagle's View: Five Steps to Modern Mysticism* is a tutorial in how to discover and enhance one's natural gift of mysticism. A beloved intuitive, a best-selling author, and a trusted teacher and source of wisdom, Paddy Fievet offers in her newest book a clear path to spiritual transformation.

Fievet burst into the Mind-Body-Spirit genre with her books, *The Making of a Mystic*, and *When Life Cried Out*, the dramatic memoir of her spiritual journey after personal heartbreak and psychological breakdown. Her mystical encounters around the world, and life-altering guidance from Spirit, prompted her life-long mission of helping others to realize their mystical skills, through her writings, speaking engagements, and media interviews.

Amid the *Five Steps to Modern Mysticism* are extensive questionnaires, detailed exercises, Key Points for each chapter, awareness-provoking questions, and more ways for readers to engage in the process of acquiring spiritual wisdom and personal freedom through Modern Mysticism. The author's wise answers to the questions below become real-life solutions for her readers, who experience profound oneness with the Divine when they delve deeply into and participate in *The Eagle View*.

- *The First Step of Awareness: Where am I?*
- *The Second Step of Identity: Who am I?*
- *The Third Step of Expression: What is my purpose?*
- *The Fourth Step of Spiritual Artistry: How will it happen?*
- *The Fifth Step of Love: What is love?*

A timely volume, *The Eagle's View* is for those who yearn to be catalysts of peace and understanding between people of different cultures and belief systems. With the secure foundation of *the Five Steps*, secure in their own mystical connections and breaking through false conditioning to remember who they were born to be, they are not fearful of others.

Paddy Fievet said, "To a person who embraces the mystical aspects of life, the Holy is not just an intellectual theology or a religion based upon facts and ideas; it's an experience. Incorporating this experience into daily life is the basis of Modern Mysticism."

There is a Modern Mystic in everyone. *The Eagle's View* opens the portal to mastering the mystical through personal awareness and Divine intervention enabled by the five paths to unity with God and everything made by God.

**About the Author:** a modern mystic, a facilitator, public speaker, blogger, teacher and artist, and a member of Spiritual Directors International, **Paddy Fievet** has studied spirituality, psychic arts, and metaphysical law in depth, earning a Ph.D. in Metaphysics from the American Institute of Holistic Theology.

She is the author of:

- *The Making of a Mystic: Writing as a Form of Spiritual Emergence*
- *When Life Cried Out: One Woman's Spiritual Quest to Be Fully Alive*

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**Title:** *The Eagle's View: Five Steps to Modern Mysticism*

**Author:** Paddy Fievet, Ph.D.

**Publication Date:** October, 2017

**Publisher:** Cloverhurst Publications

**ISBN:** 978-0-9906706-4-3

**ISBN eBook:** 978-9906706-5-0

**Format:** Paperback, 271 pages, 6" x 9"

**List Price:** \$14.95

**Distributors:** Ingram Book Group, Inc.

**E-book sold by:** Amazon Digital Services, Inc.

**Subjects:** Mind-Body-Spirit, Psychology, Mysticism

**Rights:** World

**Information:** [www.warwickassociates.com](http://www.warwickassociates.com), [www.modernmysticism.com](http://www.modernmysticism.com)