For Immediate Release

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The Great Waves of Change

Navigating the Difficult Times Ahead

"Men and women will need this deeper authority to determine their actions, to assist one another and ultimately to forge a new way for the human race."

San Francisco, CA (January 15, 2009) — In a world of environmental destruction overpopulation and declining resources, will the privileged levels of societies choose to maintain the status quo? And if they do, will international chaos and conflict be their rewards?

In his new book, *The Great Waves of Change: Navigating the Difficult Times Ahead*, award-winning author and spiritual teacher, Marshall Vian Summers, lays out the dangers of a divided humanity. Summers is alerting his readers to the need for inner preparation, global unity and cooperation in the face of the great changes to come.

The book describes a set of converging forces that is already severely impacting our world and how this will alter the landscape and every aspect of our lives.

"Humanity has crossed a critical threshold where we will have to adapt to a new set of circumstances. This will require a united effort between nations and peoples to bring new levels of skill, technology and cooperation to meet the requirements of living in a world in decline."

A popular speaker and media guest on many shows (Coast to Coast w/George Noory, Jeff Rense and Conscious Media Network), Summers has an international audience and is the author of several best selling books, including:

Steps to Knowledge: The Book of Inner Knowing Greater Community Spirituality: A New Revelation The Allies of Humanity: Books One and Two The Great Waves of Change explains the steps one must take to navigate the growing uncertainty and turbulence by deeply evaluating one's own life and by connecting to a deeper authority within. This generates the courage and the ability to adapt and to become a contributor, not a victim, to a rapidly changing world.

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