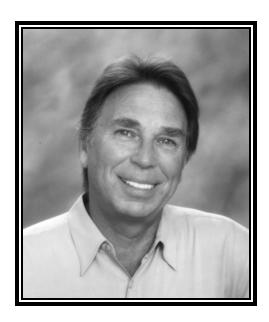
## ABOUT THE AUTHOR

## Michael Schwartz



Michael Schwartz, president and founder of Michael's® Naturopathic Programs, has been a leader in the natural products industry since 1976, as a teacher, naturopathic nutritional counselor, and manufacturer of nutritional supplements.

His first naturopathic formulas, designed to nourish and support the body in its natural return to harmony and good health, were created originally for family, friends and clients. When Michael founded his supplement company in 1984, these formulas were offered to the public.

Those formulas and the formulas for each of the nearly one hundred products offered today are designed to be synergistically complete. That is, they contain all the nutrients in the right amounts and combinations to produce optimum results that can be felt in the body in a very short period of time. Most all of the products manufactured at Michael's® Naturopathic Programs are both vegetarian and kosher.

Michael pioneered the synergistically complete concept, which has become an industry standard, as well as his gender-specific supplements. His belief in the principles of naturopathy has led him to rule out offering anything not in the true spirit of health, such as hormone or glandular-based products or fads. Michael's® Naturopathic Programs uses only tried-and-true formulas based on basic principles of healing.

For more information on materials outlined in this book, www.michaelshealth.com.