

# BOOK REVIEW

## *Manual for Living*

By Read with Tea Book Review

All books are read differently. Some books allow me a fast tumble. Other books are slow and easy like a merry go round. Then, a few books are so poignant and practical I find myself not wanting to end the book but to stop in the middle and begin the book again. This is in hopes that I haven't missed an important statement or question. *Manual for Living* by Seth David Chernoff is this type of book. The words in the book are powerful. There are practical steps on how to handle life. This book could only have been written by a man who has faced life as an adventure. He has looked a deadly shark right in the eye. I knew this once I read about his life's journey.

In my heart I want to take this book everywhere I go: to read before going to bed, to a dentist appointment, to a picnic where there is a large tree to shade me, a pond splashing with fish and birds singing. It is a book that I do not wish to end. Books like this are rare. Where will I find the next one? On almost every page is a quote to remember or note down about death, time, obstacles, living in the present, what truly matters in life, etc.

This is my way of saying the *Manual for Living* by Seth David Chernoff is a book special to me. I want to make its words a part of my life. It is spiritually remaking my life along with my Holy Bible. If you have the chance to pick up this gold mine to read, please do. It is saving me from wasting more time in my life. It is saving me from the fear of death. It is helping me in so many ways.