

EXCERPT

Manual For Living: Reality, A User's Guide to the Meaning of Life

"Don't expect that someone else will step in to fulfill the purpose you neglect, the path you disregard. Life is far too short, and your life is far too important."

"Although being of service is the noblest state of being in this lifetime, it need not come at the sacrifice of ourselves, nor in the form of our often feeble and unachievable quest to fulfill another's path."

"We are surrounded by splendor and magnificence during even seemingly insignificant moments. When we are present to and acknowledge the beauty in every moment, we have the opportunity to truly feel and share gratitude and peace in direct reflection of what we experience within ourselves."

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