

PRAISE FOR...

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## **Manual for Living: Reality**

By Seth David Chernoff

It is a beautiful testament to life and living. A book to help one reach his greatest potential and grasp his dreams.

--*A Novel Source*



Manual For Living gives you valuable insight necessary to enhance and enrich your life bringing you closer to fulfillment and true happiness. *Manual for Living* is full of wisdom to help you find your way. Every page is filled with human emotion about life, death, and everything in between.

--*TCM Reviews*



I'd recommend this book to everyone.

--*Luxury Reading*



If you have the chance to pick up this gold mine to read, please do. It is saving me from wasting more time in my life. It is saving me from the fear of death. It is helping me in so many ways.

--*Read With Tea Book Review Blog*



It goes to the heart of what it is to be human. We highly recommend *Manual For Living: Reality*. Drink from its wisdom!

--*Ed and Deb Shapiro, authors of Be the Change: How Meditation Can Transform You and the World*