

# ABOUT THE AUTHOR

## *Gayle Swift*



**GAYLE SWIFT** is an advanced practice nurse, a clinical nurse specialist in integrative health practices. Her master's degree from UC Medical Center was in cardiovascular disease focusing on mindbody medicine, stress management and the importance of social support in healing. She is considered a pioneer in the field of holistic healing. Her model uses an integrative approach that incorporates the whole person, body, mind, soul, our relationships and creative life purpose. She has more than 30 years of teaching experience in a wide range of health related subjects, clinical nursing and the Masters Degree in Integrated Nursing at Dominican University.

Gayle is the founder of Educare-partners an education and consultant company dedicated to Integrative Health Care Solutions and co-founder of Society of Integrative Nursing [SOIN].

She is author of *The 32 Keys: Awakening To Soul* which is a resource for finding and living your creative life purpose. As a teacher, storyteller, and healer working with individuals and in groups, she holds aloft a glowing lamp of self- discovery, drawing on ancient cross-cultural practices as guides to the wisdom and love so necessary for deep transformation.