



Story Angles

The Alien Abduction Files

By Kathleen Marden and Denise Stoner

What does it feel like to live in an abduction experiencer's shoes?

Regardless of an experiencer's personal history, he or she is acutely aware that Earthlings are truly not alone in the universe. One must adjust physically, mentally, morally, religiously, scientifically, and socially to this knowledge. If we as a planet are to gain acceptance into the cosmic kindergarten, we must learn to first accept each other. Imagine the enormity of carrying the weight of knowing these truths but living life among those who think of you as a kook or prevaricator. *The Alien Abduction Files* gives the reader an insider's look into what it feels like to live life as an experiencer.

What does alien abduction have in common with psi phenomena?

Actually far more than you might think... *The Alien Abduction Files* presents Marden and Stoner's latest research on psi phenomena in the lives of alien abductees. Some consider it an embarrassment to the scientific study of UFOs and would prefer to sweep this paranormal activity under the rug. Yet, abduction experiencers consistently report being transported through solid surfaces, telepathic communication, light orbs that expand into non-human entities, poltergeist activity in their homes (soon after a contact experience), and new psychic abilities. This important book takes an honest look at psi phenomena in the homes of abduction experiencers.

Why should the alien abduction phenomenon be of interest to the medical community?

Alien abduction experiencers present a constellation of symptoms, both physical and psychological, that might be of interest to the medical community, ranging from sleep problems to migraine headaches and chronic fatigue and immune dysfunction syndrome. Why would experiencers crave salt at a significantly higher rate than the general public? Why are they more sensitive to light? What is it about them that causes electrical equipment to burn out or malfunction following an abduction experience? *The Alien Abduction Files* presents a detailed discussion of these symptoms and the statistics indicating that this is real and not imaginary.

Why should the mental health community be interested in alien abduction?

Whether their experiences are real or imagined thousands of people suspect that they've been abducted by aliens. The signs and symptoms of alien abduction have been widely distributed across the general population. This has led some individuals to self-diagnose their internally generated

experiences as alien abductions. Others manifest the characteristics of a real abduction experience. Regardless of the cause, both groups are suffering from intense fear, anxiety and trauma. They have difficulty falling asleep and remaining asleep. Yet, most fear the mental health community, citing ignorance among mental health practitioners of UFO abduction characteristics as the reason for their **failure to seek professional help. Others can't find a psychologist, clinical social worker, or family therapist** that places credence in alien abduction. We can only hope that *The Alien Abduction Files* will garner interest among the mental health community in counseling abduction experiencers, whether or not hypnosis is used.

Why should alien abduction garner interest from scientists?

The abduction of humans by extraterrestrial visitors is the most perplexing aspect of UFO related phenomena and has, unfortunately, met with a wall of skepticism by many members of the scientific community despite the compelling results of several major government studies mentioned in this book. It is easy to attribute abduction phenomena to the imaginings of fantasy prone individuals, sleep hallucinations, the misuse of hypnosis, and other psychological explanations, especially when one turns a blind eye to the evidence. In the absence of a piece of alien technology that is clearly extraterrestrial, many scientists have turned their backs on what might be the greatest discovery of all time. Yet brave scientists, working quietly under the radar, have presented a "peek into the darkness" to shed some light on this mystery.

The Alien Abduction Files examines **mainstream scientist's prosaic explanations for believing that one has been abducted** and the theoretical science that might explain the science behind E.T. technology.