

INTERVIEW QUESTIONS

The Book of Transformation

By Lisa Barretta

- How are the Indigo, Crystal, and Rainbow Children precursors to our evolutionary upgrade?
- What are the physical symptoms of shifting into a higher frequency?
- What are the emotional symptoms of shifting into a higher frequency?
- Where do our extrasensory senses originate?
- What is the Pineal Gland and how is it a personal star gate into higher dimensions?
- How do you maintain privacy in a world where everyone is now psychically open and tuned in to their extrasensory senses?
- What is junk DNA and how is our DNA being activated by the frequency shift that our planet is going through.
- What is the Age of Aquarius and what does it have to do with our transformation into higher consciousness?
- Why are a lot of people experiencing certain physical upsets such as blurry vision, frequent headaches, and confusion especially now as we shift into higher consciousness?
- Why do we often experience self-sabotaging situations as part of shifting into higher consciousness?
- Do you think that there was an alien intervention with the creation of man? Explain why.
- What do you mean by “fast time”?

- When did this energy shift start to sneak in?
- Is everyone being affected by this new energy coming in?
- What do you mean by the term “staying in the moment”?
- Are aliens and UFO’s a part of the transformational shift?
- Do animals also experience the effects of the shift?
- If the reality of three dimensional consciousness is an illusion does our world disappear in higher consciousness?
- What do you mean by integrated health care and vibrational medicine?
- Who are light workers and how can they help us through the shift?