



INTERVIEW QUESTIONS

Lightworker: Understand Your Sacred Role as Healer, Guide & Being of Light

By Sahvanna Arienta

1. What is a Lightworker?
2. How are Lightworkers different from others?
3. Why are they so sensitive?
4. What is the awakening?
5. What are the four phases of the awakening process?
6. What do Lightworkers do to help humanity?
7. How can Lightworkers discover their life purpose?
8. Why do Lightworkers experience depression?
9. How can a Lightworker avoid the pitfalls of their sensitivities?
10. What are some of the practices that help avoid falling into depression?
11. How do dreams help us find the answers?
12. How do you access your own dream vault and find messages?