

For Immediate Release

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Psychic Reveals the Arrival of "Lightworkers" on the Planet

"Coming from a family of incredibly gifted women, I grew up with an awareness of my connection to spirit. From an early age, the principals of spirituality were instilled in me and I knew I could help others with these beliefs."

San Francisco, CA (November 15, 2011) — In her enlightening new book, *Lightworker: Understand Your Sacred Role as Healer, Guide, and Being of Light*, she shares her own astonishing experiences as a Light-worker, and educates and supports readers who believe that they could be Lightworkers.

Why have Lightworkers come to Earth now? Arienta explains that Lightworkers have returned from previous lives and are arriving in great numbers on our planet due to today's dangerous global issues.

The author explains that the Lightworker's mission is to lend his or her light energy to a planet heavy with fear and negativity. They may be musicians and artists, shopkeepers, accountants, stay-at-home moms, and or just the people you pass on the street. They share their gifts by speaking out for those who have no voice and they are often creative, designing glorious works of art or writing music that elevates the spirit.

Who is a Lightworker? Arienta's book will help readers discover:

- Their unique gifts and the true origin of their souls
- How anxiety, depression, or addiction can be symptomatic of a Lightworker's highly acute nature
- Understanding of one's fragile sensitivities, and the recognition that they may be extrasensory perceptions
- How to use Lightworker qualities as healing gifts

- more -

About the author: A practicing psychic medium and intuitive advisor with clientele from around the globe, Sahvanna Arienta is the recipient of six International Paranormal Acknowledgement Awards. She has studied the metaphysical and paranormal realms extensively for more than twenty years.

Arienta is the creator of Soul's Journey Media, a new thought company that brings messages of enlightenment to spiritual seekers.

She is also the founder and creator of Soul's Journey Radio, an internet radio station where psychics, astrologers and Lightworkers come together to share their knowledge and experiences with the listening audience.

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Title: *Lightworker: Understand Your Sacred Role as Healer, Guide, and Being of Light*

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