

INTERVIEW QUESTIONS

A New Way to Be Human: 7 Spiritual Pathways to Becoming Fully Alive

By Robert V. Taylor

- What inspired you to write “A New Way to Be Human: The Seven Spiritual Pathways to Becoming Fully Alive”?
- What does it mean to ‘be a new human’ and to ‘become fully alive’?
- Why is being fully alive important?
- What prevents us from being fully alive in the first place?
- How can becoming fully alive benefit me as an individual?
- What are the seven pathways to becoming fully alive as described in your book?
- Who is invited to explore these pathways?
- Who do you feel will most appreciate your book? Are there any particular groups for whom your book is targeted?
- Early on in the book you describe Former Archbishop Desmond Tutu’s role in your life. How did you meet, how long have you known him, and what kind of relationship do you share with him today?
- You ended up in the United States after unexpectedly leaving South Africa as a young adult. How has that impacted your view of home and family and where will we see this highlighted in the book?
- What are you most passionate about as an author and speaker? How is this reflected in the book?
- What do you see as the connection between spirituality and being fully alive?

- You were at one time the highest-ranking openly gay Episcopal priest. What gave you the courage to be open about your sexuality within the church? How did this impact your work with others?
- How do inclusivity and openness impact your personal spiritual perspective and the actions you take?
- How did anchoring to the truth of how the Holy is present in you as a gay man change your life?
- What do you mean when you urge your readers to “discover the disguises of the Holy?”
- You use a lot of personal stories in your book. Why is that and what do you mean when you talk about “connecting stories”?
- What is an “enclosure” and how do you respond to people who say they just can’t break free of the enclosures in their life?
- How would you describe a “risky invitation” and how do you recommend readers respond when they recognize one?
- What is a ‘thin place’? How does a thin place impact what we see in life?
- In your book you discuss the “hairpin curves” of life. What are they and what role do they play in helping me to find a new way to be a new human?
- What does it mean to ‘polish the world’, and why does it matter?
- How does someone ‘befriend fear’ and what difference can it make?
- How would you describe “holy surprises”? How have holy surprises impacted you in the process of creating this book?

- Where can I find more information about your book and your speaking and workshop schedule?
- What are some of the ways I can connect with you via social media?